

**GODAVARI FOUNDATION**  
**GODAVARI COLLEGE OF NURSING**  
**JALGAON MAHARASTRA**  
**(ISO-9001:2015 CERTIFIED INSTITUTE)**



**REPORT**  
**ON**  
**NATIONAL NUTRITION WEEK**  
**PROGRAMME**  
**{1<sup>ST</sup> TO 7<sup>TH</sup> SEPT. 2024}**

**ORGANIZED BY**  
**COMMUNITY HEALTH NURSING DEPARTMENT**  
**(GODAVARI COLLEGE OF NURSING, JALGOAN)**



Godavari Foundation's

**Godavari College of Nursing, Jalgaon**  
**Department of community Health Nursing**

Theme  
**'Nutritious Diet  
for Everyone',**



NATIONAL  
**NUTRITION**  
WEEK CELEBRATION

01<sup>st</sup> - 07<sup>th</sup>  
Sept. 2024





**REGISTRATION  
Open  
for All**



**GODAVARI  
COLLEGE OF NURSING**

Run by Godavari Foundation | Affiliated by MUHS Nashik  
Accredited by NAAC

# **Nourish & Flourish Cook Off Competition**

**: Theme :  
Global Morning With Green Goodness**

**Last date for Registration 2<sup>nd</sup> Sept. 2024**

 **4<sup>th</sup> Sept. 2024**

 **10:00 AM onwards**

 **Kieva Tevan**

**: Contact :**

**\* Ruchita 7387221434**

**\* Ritesh 9369752514**





# AGENDA







**GODAVARI COLLEGE OF NURSING**  
Run by Godavari Foundation's  
Affiliated by MUHS, Nashik

Department of Community  
Health Nursing



## NATIONAL NUTRITIONAL WEEK

1<sup>st</sup> to 7<sup>th</sup> September 2024

 2/09/2024	<ul style="list-style-type: none"><li>Inauguration of nutrition week celebration (theme unfolding)</li><li>Nutrition Art Fest</li></ul>
 3/09/2024	<ul style="list-style-type: none"><li>The Nutri knowledge Express</li></ul>
 4/09/2024	<ul style="list-style-type: none"><li>Nourish &amp; flourish cook off on global morning with green goodness</li></ul>
Guest Speaker  Dr. A.P. Chaudhari 6/09/2024	<ul style="list-style-type: none"><li>Expert talk on Nutritious diet for everyone</li></ul>

### Organized by

 Organizing Chairperson Mrs. Jyoti Dhayal Asst. Professor GCON, Jalgaon	 Program Coordinator Mr. Nitish Mahad Lecturer GCON, Jalgaon	 Moderator Ms. Sneha Gadgil Lecturer GCON, Jalgaon	
Member			
 Mr. Anshu Panchani B.Sc. Tutor	 Ms. Anshika Mehta B.Sc. Tutor	 Ms. Anshika Mehta B.Sc. Tutor	 Ms. Anshika Mehta B.Sc. Tutor

Theme : "Nutritious Diet for every one"

Seminar Hall, GCON, Jalgaon



## Report on National Nutritional Week 2024 at Godavari College of Nursing

The Department of Community Health Nursing at Godavari College of Nursing, affiliated with MUHS, Nashik, organized National Nutritional Week from 1st to 7th September 2024. The event aimed to promote awareness about the importance of nutrition and healthy diets, under the theme “Nutritious Diet for Everyone.” The activities were meticulously planned to engage students, faculty, and the local community in understanding the significance of proper nutrition for a healthy lifestyle.

### Event Highlights:

2nd September 2024:

#### Inauguration of National Nutritional Week Celebration

The week commenced with the inauguration ceremony where the theme for the week was officially unfolded. The opening event set the tone for the subsequent programs aimed at promoting nutritional education and awareness.

#### Nutrition Art Fest

This creative event focused on visual representations of nutritional concepts. Students showcased their artistic talents by creating posters, drawings, and models depicting the importance of nutrition and healthy eating habits.



3rd September 2024:

#### The Nutri Knowledge Express

This event was organized to spread knowledge about various nutrients and their role in maintaining good health. Interactive sessions and informative materials were distributed to help participants understand the critical aspects of a balanced diet.

4th September 2024:

- Nourish & Flourish Cook Off: Global Morning with Green Goodness

A cooking competition was held where participants prepared healthy dishes using green vegetables and other nutritious ingredients. The event aimed to demonstrate how delicious and easy it can be to prepare meals that are both nutritious and flavorful, emphasizing the importance of plant-based nutrition.

6th September 2024:

- Guest Speaker Session: Dr. A.P. Chaudhari

Dr. A.P. Chaudhari, an expert in the field of nutrition and health, was invited to deliver a talk. His session focused on the importance of a balanced diet, nutrition for various age groups, and common dietary misconceptions. He provided practical tips for adopting a nutritious diet in everyday life.

#### Expert Talk on Nutritious Diet for Everyone

In this concluding session, experts shared insights on creating balanced diets that cater to different demographic groups, ensuring that everyone, regardless of age or lifestyle, can access a nutritious diet.

Organizing Committee:

- Organizing Chairperson: Mrs. Jacinth Dhaya, Associate Professor, GCON, Jalgaon
- Program Coordinator: Mr. Nirbhay Mohod, Lecturer, GCON, Jalgaon
- Moderator: Ms. Swati Gadgeone, GCON, Jalgaon
- Committee Members: Mr. Ritesh Padghan, Mrs. Ashlesha Moon, Ms. Ruchita Samrit, Mrs. Divayana Pawar, all MSc Tutors from GCON, Jalgaon

Venue:

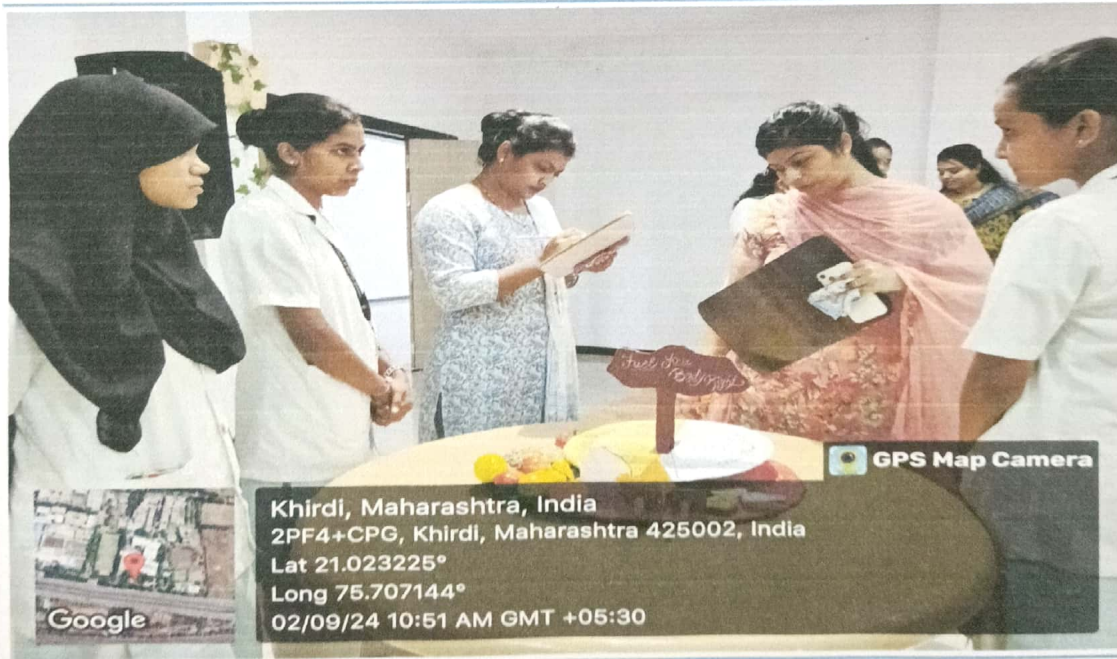
All events were held at the Akshata Patil Seminar Hall, Godavari College of Nursing (GCON), Jalgaon.

Conclusion:

National Nutritional Week 2024 at Godavari College of Nursing successfully raised awareness about the importance of nutrition and healthy eating habits. Through engaging activities, expert talks, and creative contests, participants gained valuable insights into how to incorporate nutritious foods into their daily lives. The event aligned with the global mission of promoting health through proper nutrition, supporting the community's long-term well-being.



## PHOTO'S OF NATIONAL NUTRITION WEEK







Khirdi, Maharashtra, India  
2PF4+CPG, Khirdi, Maharashtra 425002, India  
Lat 21.023229°  
Long 75.707136°  
02/09/24 11:02 AM GMT +05:30

Google



Nashirabad, Maharashtra, India  
2M37+92G, Nashirabad, Maharashtra 425309, India  
Lat 21.003338°  
Long 75.662811°  
03/09/24 01:40 PM India Standard Time

Google



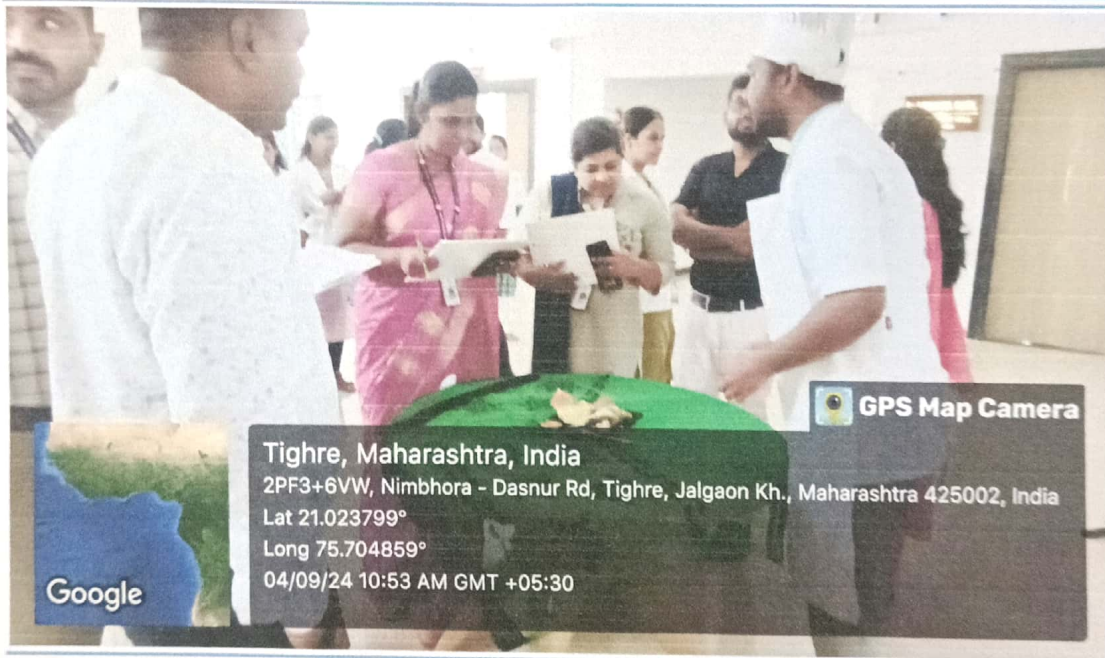


GPS Map Camera



Google

**Nashirabad, Maharashtra, India**  
Near NH No. 6 Behind New English School, Nashirabad, Maharashtra 425309, India  
Lat 21.007557°  
Long 75.662435°  
03/09/24 01:19 PM GMT +05:30



GPS Map Camera



Google

**Tighre, Maharashtra, India**  
2PF3+6VW, Nimbhora - Dasnur Rd, Tighre, Jalgaon Kh., Maharashtra 425002, India  
Lat 21.023799°  
Long 75.704859°  
04/09/24 10:53 AM GMT +05:30





**Tighre, Maharashtra, India**  
2PF3+6VW, Nimbhora - Dasnur Rd, Tighre, Jalgaon Kh., Maharashtra 425002, India  
Lat 21.023799°  
Long 75.704859°  
04/09/24 11:08 AM GMT +05:30



**Khirdi, Maharashtra, India**  
2PF4+CPG, Khirdi, Maharashtra 425002, India  
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06/09/24 11:36 AM GMT +05:30





## NEWS PUBLISHED IN THE NEWS PAPER REGARDING NATIONAL NUTRITION WEEK GODAVARI COLLEGE OF NURSING, JALGAON.

गोदावरी नर्सिंग महाविद्यालयातर्फे

### राष्ट्रीय पोषण आहार सप्ताहातर्गत विविध कार्यक्रम संपन्न

जळगाव - गोदावरी नर्सिंग महाविद्यालयात १ ते ७ सप्टेंबर दरम्यान आयोजित राष्ट्रीय पोषण आहार सप्ताह विविध कार्यक्रमांनी संपन्न झाला. शुक्रवार १ सप्टेंबर रोजी सर्वप्रथम २०२४ चा वर्षातील 'न्युट्रीशियस डायट फॉर एव्हरीवन' या थीमचे अनावरण करण्यात आले.

गोदावरी नर्सिंग महाविद्यालयातील लेक्चर हॉलमध्ये २ रोजी थीम अनावरणानंतर विद्यार्थ्यांसाठी न्युट्रीशन आर्ट फिस्ट अंतर्गत पोस्टर आणि मॉडेल सादरीकरण स्पर्धा, उत्साहात पार पडल्यात. ३ रोजी न्युट्री नॉलेज एक्सप्रेसवर न्यु इंग्लिश मिडीयम स्कुल नशिराबाद येथील विद्यार्थ्यांना पोषण आहार माहिती दिली. ४ सप्टेंबर नरिश अँड फलरीश कुक ऑफ स्पर्धे अंतर्गत हिरव्या पालेभाज्यांचा समावेश करून विद्यार्थ्यांनी पदार्थ आपल्या पाककृतीतून विद्यार्थ्यांनी दाखवले दि



६ रोजी डॉ. उल्हास पाटील कृषि तंत्रज्ञान महाविद्यालयाचे शैक्षणिक संकुल संचालक डॉ अे पी चौधरी यांनी पोषण आहाराबाबत माहिती दिली. यासह विविध कार्यक्रमांनी राष्ट्रीय पोषण आहार सप्ताह पार पडला.

गोदावरी नर्सिंग महाविद्यालयाच्या प्राचार्या विशाखा वाघ, संचालक डॉ शिवानंद बिरादर, प्रशासकीय अधिकारी प्रविण कोल्हे यांच्या मार्गदर्शनाखाली कम्युनिटी हेल्थ नर्सिंग विभागाने कार्यक्रमांचे नियोजन केले होते. यात समन्वयक प्रा.जैसिंध धाया, प्रा.निर्भय मोहोड, प्रा.स्वाती गाडेगोने, प्रा डिव्हायना

पवार, प्रा रुचिता समरीत, प्रा अश्लेषा मुन, प्रो. रितेश पडघन यांचा समावेश होता. सप्ताहाच्या अखेरीस स्पर्धेतील विजेत्या विद्यार्थ्यांना पारितोषीक वाटप करण्यात आले.

स्पर्धेचे नाव व विजेते विद्यार्थी पोस्टर व मॉडेल सादरीकरण - प्रथम आचल पाटील व्दीतीय हुमेरा शेख, नरिश अँड फलरीश कुक ऑफ स्पर्धा विद्यार्थी एन्जील दास प्रथम, व्दीतीय भुमिका अँड ग्रुप शिक्षक प्रा.मनोरमा कश्यप व प्रा.अश्वीनी मानकर प्रथम प्रा.हिमांगी मुरकुटे, प्रा. सुनिता मिरपगारे आणि प्रा. जयश्री जाधव व्दीतीय.