Godavari Foundation

GODAVARI COLLEGE OF NURSING

JALGAON

(ISO – 9001 : 2015 CERTIFIED INSTITUTE)



BASIC NRP INSTRUCTOR COURSE (TOT),

FIRST GOLDEN MINUTE PROJECT



Training of Trainers (TOT) Neonatal Resuscitation Program



As of 2024, the neonatal mortality rate (NMR) in India stands at approximately 18.1 deaths per 1,000 live births. This figure reflects ongoing efforts to reduce infant mortality, though challenges remain, particularly in rural areas and among economically disadvantaged populations.Neonatal resuscitation when implemented systematically by trained personnel can reduce significant number of neonatal deaths, so it is imperative to train health care personals.The Neonatal Resuscitation Program (NRP) Training of Trainers (TOT) Basic Instructor Course is designed to equip healthcare professionals with the knowledge and skills necessary to effectively teach neonatal resuscitation techniques. The course emphasizes the importance of rapid, accurate assessment and intervention in neonatal emergencies to improve outcomes for newborns.

Dr.Ulhas Patil Medical College and hospital & Godavari College of Nursing collaboration with Indian Academy of Pediatric (IAP)& NNF is organizing **Training** of Trainers (TOT) on "Neonatal Resuscitation Program" on 30th June 2024.

Theme: Neonatal Resuscitation Program

Date: 30th June, 2024

Time: 08:00 a.m. – 05:00 p.m.

Organized by :Dr.Ulhas Patil Medical College and hospital & Godavari College of Nursing collaboration with Indian Academy of Pediatric (IAP)& NNF

Coordinator :Dr.Priyadarshani Moon. (Associate Professor, Godavari college of nursing,Jalgaon)

Programme Schedule :

08:00 am – 08:30 am	Breakfast & Registration	
0:8.30am – 09:00 am	Inauguration	Welcome, Introduction, Plan of the day
09:00 am – 10:00 am	Skill Station (Session 1)	• Preparation for Birth
10:00 am – 11:00 am	Skill Station (Session 2)	 Routine care, Initial steps (Include observational care)
11:00 am – 012:45 pm	Skill Station (Session 3)	 Brief Ventilation Prolonged Ventilation with Normal HR Prolonged Ventilation with Slow HR
012:45 pm – 01:30 pm	LUNCH	
01:30 pm – 02:45 pm	Skill Station (Session 4)	Performance Evaluation Test
02:45 pm – 03:30 pm	Lectures on Administrative aspects	How to conduct Basic NRP CourseTeaching Methodology
03:30 pm – 04:30 pm	Open House	Course CommitmentSuggestions & Feedback
04:30 pm – 05:00 pm	Valedictory	

Instructor Team

- 1. Dr Gajanan Surewad (Lead instructor)
- 2. Dr Priyadarshani Moon (Course Coordinator / Instructor)
- 3. Dr Avinash Bhosale (Instructor)
- 4. Dr Jagruti Nikam (Instructor)

Qualifications:

• The instructor team comprised highly experienced professionals with extensive backgrounds in neonatal care and medical education.

Objectives:

- To train participants in the principles and practices of neonatal resuscitation.
- To develop participants' teaching and facilitation skills for NRP.
- To ensure participants are prepared to train other healthcare providers in neonatal resuscitation.

Participants- Number of Participants:

• 31 healthcare professionals like pediatrician, nursing faculties, an esthetics, attended the course.

Backgrounds:

• Participants included pediatricians, neonatologists, nurses, respiratory therapists, and other healthcare providers involved in neonatal care.

Course Content

Topics Covered:

- Principles of neonatal resuscitation.
- Initial steps of newborn care.
- Positive pressure ventilation.
- Chest compression and medications.
- Endotracheal incubation.
- Team dynamics and effective communication.
- Simulation-based training and debriefing techniques.

Hands-on Training:

• Participants engaged in various practical sessions using neonatal manikins.

• Scenarios included resuscitation of a term newborn, management of a preterm newborn, and complex resuscitation situations.

Methods of Instruction:

• Combination of lectures, practical demonstrations, interactive discussions, and simulation-based training.

Assessment Methods:

- Pre-course knowledge assessment.
- Practical skills assessment during hands-on sessions.
- Post-course knowledge and skills evaluation.

Feedback:

- Participants provided feedback through evaluation forms.
- Overall positive response with specific commendations for the practical sessions and interactive teaching methods.

Outcomes and Achievements

Key Takeaways:

- Enhanced understanding of neonatal resuscitation protocols.
- Improved skills in performing and teaching resuscitation techniques.
- Participants reported increased confidence in managing neonatal emergencies.

Certification:

• Participants received certificates of completion, qualifying them as NRP Basic Instructors.

Recommendations

Suggestions for Improvement:

• Increase the duration of hands-on sessions for more practice time.

- Incorporate additional advanced resuscitation techniques in future courses.
- Offer follow-up workshops for continued skill development.

Future Opportunities:

- Advanced NRP instructor courses.
- Specialized training sessions focusing on high-risk neonatal populations.

Conclusion

The NRP TOT Basic Instructor Course held on June 30, 2024, was a significant success. The course effectively equipped healthcare professionals with the necessary skills and knowledge to train others in neonatal resuscitation. The positive feedback from participants highlighted the importance of such training in enhancing







GODAVARI COLLEGE OF NURSING, JALGAON NRP PARTICIPENTS LIST

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DECLARATION BY COURSE COORDINATOR & INSTRUCTORS

We hereby confirm that Basic NRP Provider / Instructor Course, Course ID ...[2.6...444.... was conducted on Date....3.01.61.2.024 at City....Talgam.... State MARASA Wenue & Kefalcitai Pahl Hall, DVPMC 8.H...as per the laid down rules of IAP. Jalgam

As course coordinator, I confirm that we have charged nominal course fees from participants for the Basic NRP training workshop to cover expenses of food, travel and stay of faculty. This will be completed self-sponsored course.

	Name	Sign
Course Coordinator	Dr. Priyectonshan' Moon Dr. hajanan Venkatrad Susewad	Comoas
Lead Instructor	Dr. hajanan Venkatrao Suzewad	gente
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8	M. Rashmi Tembhume	°C1	CL	p i	PI

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1	Dr. Suyog Tannimur	P	P	1.4-	
2	pr. shradha Grawai	P	P	Agawaj	
3	Prof. Visherkha Ganviz	P.	P	Rpine	
4	Dr. Kushal Dhandle.	P.	ρ	Blue	
5	Dr. mukerh chaudhi	P-	P	Mahauti	
6	Dr. Aliya kham	P·	P	A	
7	Dr- Pratibha kadam	P	P	But	
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1	Dr Samir U. Khonapuricar	SUE P	P	P.	P
2	Dr. Chandosoni Deglowka	6 P	P	P	P
3	Khuraijam Menas deji	Kilcus P	, P	P	P.
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5	Vinod. Mhatse	A P	P	P	P
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7	Dr Indrani Myra	Drpt	1	P	P
8	Dr Mayor Ghuge	Mgp	P	ρ	P

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1	Preparention of Birth.	Dr. pryalarthand Moon
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4	Pertainance Evaluation	Dr. hejayan V. surewed your