



**GODAVARI FOUNDATION'S  
GODAVARI COLLEGE OF NURSING,  
JALGAON**

**REPORT ON:**

**“NATIONAL WEBINAR ”**

**“WEARABLE HEALTH TECHNOLOGY:  
ENHANCING PATIENT SELF-MANAGEMENT  
AND REMOTE MONITORING”**

**DATE- 26<sup>TH</sup> NOVEMBER 2025**

**ORGANIZED BY**

**DEPARTMENT OF**

**MEDICAL SURGICAL NURSING**



  
**PRINCIPAL**  
**GODAVARI COLLEGE OF NURSING**  
**JALGAON**



Godavari Foundation's

# GODAVARI COLLEGE OF NURSING



Affiliated by MUHS Nashik, Accredited by NAAC

## Department of Medical Surgical Nursing Organizing **NATIONAL WEBINAR** ON

**Wearable Health Technology: Enhancing Patient Self Management And Remote Monitoring.**

**Date**  
**26-11-2025**

**Time**  
**10:00 am**

**Via-Zoom Meeting**  
**Online Mode**

**Speaker**



**Dr. Sharmila Prashant Ghodke**  
Associate professor  
Institute of Nursing Education,  
Mumbai

**Convenor**



**Mrs. Manorama Kashyap**  
Associate Professor & HOD  
Medical Surgical Nursing  
GCON, Jalgaon

Scan any QR using PhotoFast App



MANORAMA KASHYAP

**\* Registration Fee : Rs. 50/-**  
**\* Registration Link :**

<https://forms.gle/TMVdY2xbqH3pVID39>



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## **REPORT ON NATIONAL WEBINAR 2025**

### **Title of the Webinar:**

“Wearable Health Technology: Enhancing Patient Self-Management and Remote Monitoring”

### **Date:**

26th November 2025

### **Platform:**

Zoom

### **Organized By:**

Department of Medical-Surgical Nursing,  
Godavari College of Nursing, Jalgaon

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### **1. Introduction**

The Department of Medical-Surgical Nursing, Godavari College of Nursing, Jalgaon organized a National Webinar on “Wearable Health Technology: Enhancing Patient Self-Management and Remote Monitoring.” The event aimed to enhance knowledge regarding recent advancements in wearable technologies that support patient care, autonomy, and effective remote monitoring. The webinar received an encouraging response from participants across various institutions.

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### **2. Resource Person**

The scientific session was conducted by **Dr. Sharmila Ghodke**, Associate Professor, Institute of Nursing Education, Mumbai. Dr. Ghodke delivered an insightful presentation on the evolution, application, and significance of wearable health devices in modern healthcare systems. She emphasized how technology-driven monitoring tools empower patients and assist healthcare professionals in providing timely interventions.

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### **3. Moderation**

The session was moderated by **Prof. Manorma Kahsyap**, Head of the Department of Medical-Surgical Nursing. She ensured smooth coordination of the program and facilitated the interactive segments of the session.

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#### **4. Key Highlights of the Session**

- Overview of wearable health technologies and current trends
- Role of wearable devices in chronic disease management
- Impact of remote monitoring on patient outcomes
- Ethical and safety considerations in the use of wearable devices
- Scope and future directions in nursing practice

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#### **5. Vote of Thanks**

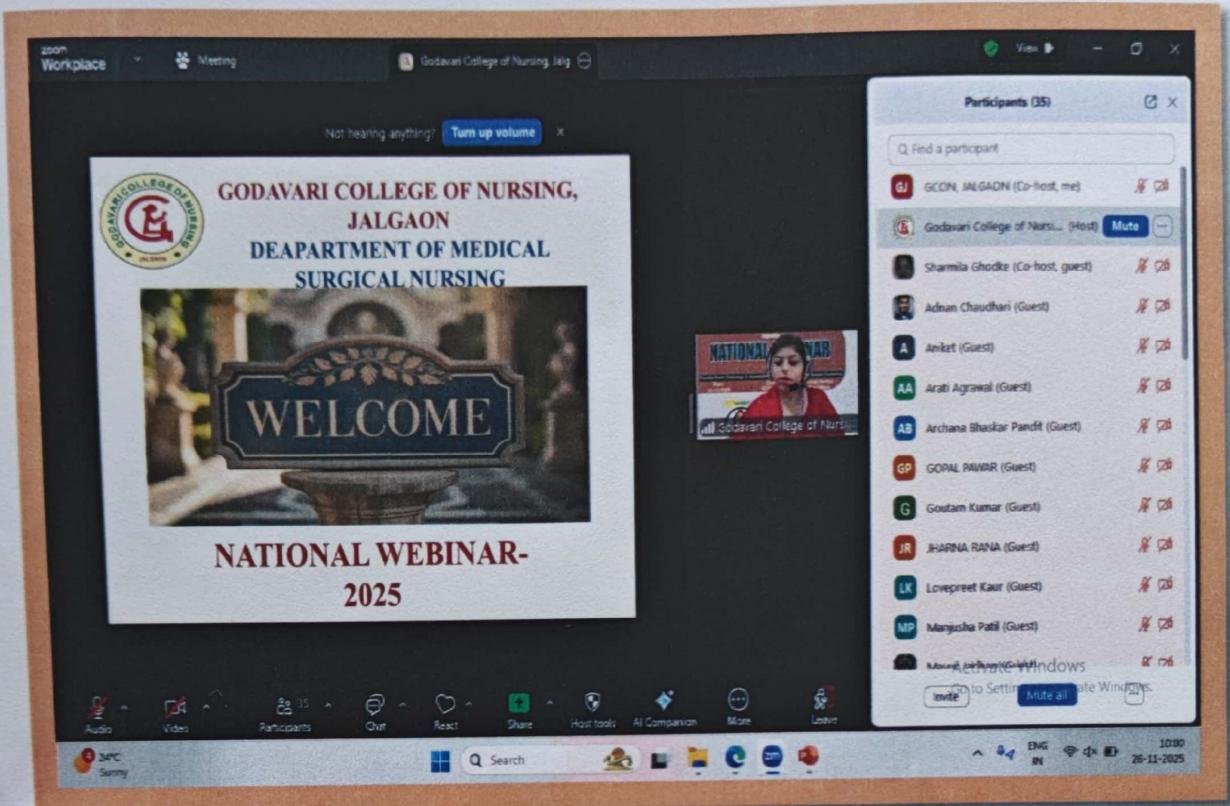
The formal vote of thanks was proposed by **Ms. Kajal Gathe**. She expressed gratitude to the resource person, organizers, faculty members, technical team, and all participants for contributing to the success of the webinar.

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#### **6. Conclusion**

The National Webinar 2025 successfully enhanced awareness and understanding of wearable health technologies among nursing professionals and students. The session proved highly informative, interactive, and relevant to contemporary clinical practice. Participants appreciated the clarity and practical insights provided by the expert speaker.

## PHOTO GALLERY





GPS Map Camera



Jalgaon, Maharashtra, India   
Jalgaon - Bhusawal Nh No.6, Jalgaon, Maharashtra 425309,  
India  
Lat 21.023206° Long 75.707086°  
Wednesday, 26/11/2025 10:41 AM GMT +05:30

zoom Workplace Meeting Sharmile Ghodke's screen

## Types of Wearable Health Devices

Wearable spirometers

Glucose monitors

Blood pressure, oxygen saturation, and pulse monitoring sensors

Body temperature and activity tracking sensors

Range-of-motion assessment sensors

Pacemakers and implanted cardioverter defibrillators

ECG patches

TENS therapy devices

Smart gloves

Insulin pumps

Holter monitors

Wearable cardioverter defibrillators

Participants: 43 Chat Share Host tools AI Companion Meeting info





# News Letter

21st Nov 2025

weekly news outline

**GODAVARI FOUNDATION COLLEGE OF NURSING,  
UPCOMING EVENT: NATIONAL WEBINAR SERIES 2025 FROM 24TH  
NOVEMBER TO 28TH NOVEMBER 2025 IN ONLINE MODE.**



Godavari Foundation's Godavari College of Nursing will proudly organize the National Webinar Series 2025 from 24th November to 28th November 2025 in online mode. This five-day academic event will bring together experts from various nursing specialties who will share advanced knowledge, current trends, and futuristic perspectives relevant to modern healthcare practice. The series will begin on 24th November 2025 with the Mental Health Nursing Department presenting a session on "Managing Anxiety Disorders in the Post-Pandemic Era", which will be delivered by Dr. Prakash PalaniVelu, Associate Professor, Arulmigu Meenakshi College of Nursing, Kanchipuram. On 25th November 2025, the Community Health Nursing Department will conduct a session on "Triage and Pre-Hospital Role of Nurses and Preparedness During War in Community", to be presented by Dr. Rupali Salvi, Professor, D.Y. Patil College, Pune. The Medical Surgical Nursing Department will follow on 26th November 2025 with Dr. Sharmila Prashant Ghodke, Associate Professor, Institute of Nursing Education, Mumbai, who will speak on "Wearable Health Technology: Enhancing Patient Self-Management and Remote Monitoring." On 27th November 2025, the Child Health Nursing Department will host an enlightening session on "The Evolving Scope of Neonatal Nursing in India: A Futuristic View", which will be delivered by Dr. Aparna Kale, Professor and HOD Pediatrics, Bharati Vidyapeeth, Sangli. The series will conclude on 28th November 2025 with the Obstetrics and Gynaecological Nursing Department presenting "Integration of Artificial Intelligence in Maternal and Gynaecological Nursing," delivered by Dr. Kavita Gomase, Associate Professor, Smt. Radhikabai Meghe College of Nursing, Wardha. All sessions will be conducted through Zoom, and registration will be mandatory for participants. E-Certificates will be issued upon completion of each session. The National Webinar Series 2025 is expected to receive an enthusiastic response from students, faculty, and nursing professionals across the country, further strengthening the institution's commitment to academic excellence and continuous professional development.

**STAY CONNECTED:  
FOR UPDATES ON UPCOMING EVENTS,  
RESEARCH OPPORTUNITIES, AND ACADEMIC  
PROGRAMS, FOLLOW US ON OUR OFFICIAL  
PLATFORMS.**

**GODAVARI FOUNDATION'S GODAVARI COLLEGE  
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[www.godavarinursing.ac.in](http://www.godavarinursing.ac.in)

# राष्ट्रीय वेबिनार सिरीज २०२५ समायोप

जळगाव : गोदावरी फाउंडेशनचे गोदावरी कॉलेज ऑफ नर्सिंग आयोजित राष्ट्रीय वेबिनार सिरीज २०२५ दिनांक २४ ते २८ नोव्हेंबर २०२५ या कालावधीत ऑनलाईन पद्धतीने यशस्वीपणे पार पडली. आज या वेबीनारच्या समारोप करण्यात आला.

या पाच दिवसीय वेनिर सिरीजमध्ये नर्सिंग क्षेत्रातील विविध विशेष शाखांवर देशभरातील

## गोदावरी कॉलेज ऑफ नर्सिंगचा उपक्रम

मान्यवर तज्ज्ञांनी मार्गदर्शन केले. कार्यक्रमात अत्याधुनिक तंत्रज्ञान, आरोग्यसेवा, बालरोग, मानसिक आरोग्य, कम्युनिटी नर्सिंग, तसेच प्रसूती व स्त्रीरोग परिचर्येमधील नवीन प्रवाह व भविष्यकालीन संधी यावर सखोल चर्चा



Dr. Prakash  
Palanivelu



Dr. Rupali  
Salvi



Dr. Sharmila  
Prashant Ghodke



Dr. Aparna  
Kale



Dr. Kavita  
Gomase

करण्यात आली. वेबिनारचे ठळक मुद्दे चर्चा करण्यात आली. यात मॅटल हेल्थ नर्सिंग (२४ नोव्हेंबर) : महामारीनंतर वाढले ल्या चिंताविकाराचे प्रभावी व्यवस्थापन. \* कम्युनिटी हेल्थ नर्सिंग (२५ नोव्हेंबर) : युद्धस्थिती किंवा संकटकाळातील नर्सची भूमिका व समुदायातील तयारी. \* मेडिकल सर्जिकल नर्सिंग (२६ नोव्हेंबर) : घालण्यायोग्य आरोग्य तंत्रज्ञान द्वारे रुण व्यवस्थापनातील आधुनिक बदल. \* चाइल्ड हेल्थ नर्सिंग (२७ नोव्हेंबर) : भारतातील निओनेटल नर्सिंगचे

विकसित होणारे स्वरूप. \* स्त्रीरोग नर्सिंग (२८ नोव्हेंबर) : मातृत्व व स्त्रीरोग सेवांमध्ये अे आय ची वाढती भूमिका. प्रत्येक सत्राता देशभरातील विद्यार्थी, नर्सिंग व्यावसायिक व शिक्षक यांनी मोठ्या संख्येने सहभाग नोंदविला. सर्व सहभागीसाठी ई-सर्टिफिकेट प्रदान करण्यात आले. महाविद्यालयाच्या प्राचायांनी सर्व तज्ज्ञ, सहभागी व सहकार्य करणाऱ्या टीमचे आभार मानून आगामी काळात अशा शैक्षणिक उपक्रमांची मालिका राविण्याचा संकल्प व्यक्त केला.

