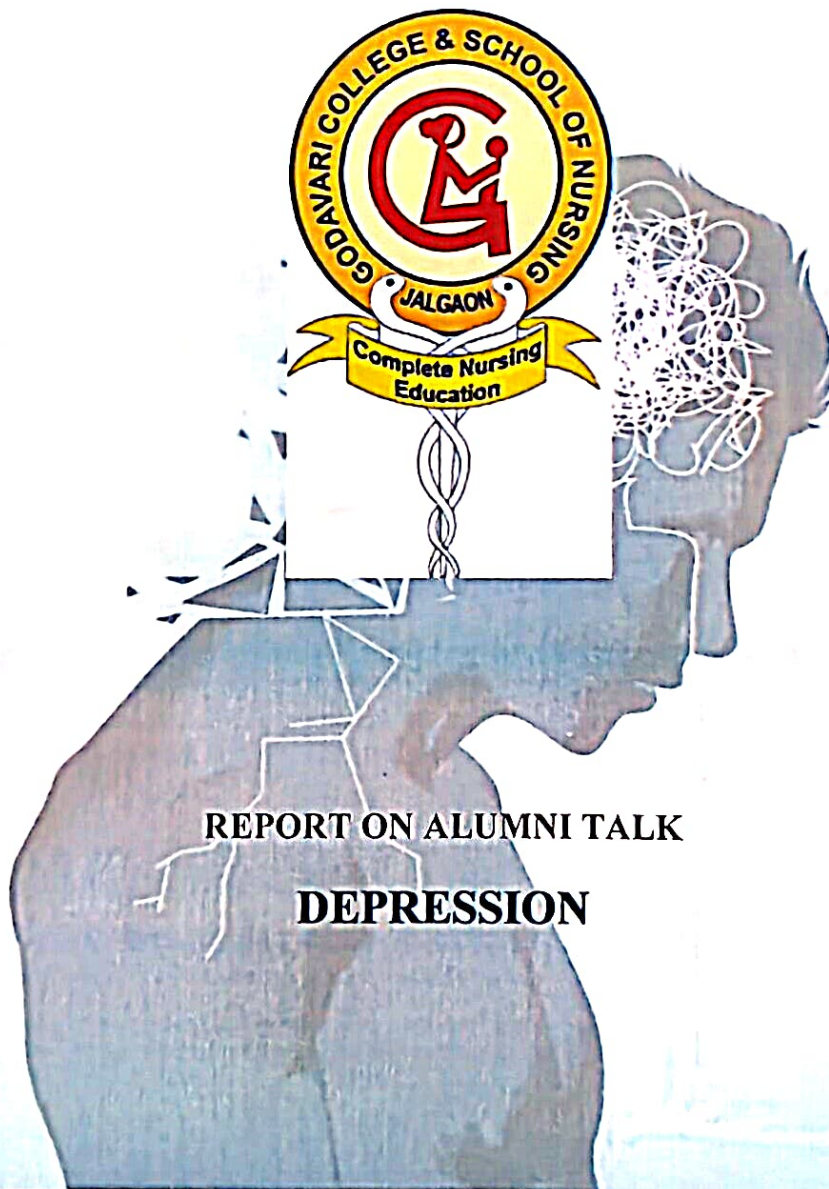


GODAVARI FOUNDATION'S
GODAVARI COLLEGE OF NURSING JALGAON
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REPORT ON ALUMNI TALK
DEPRESSION




PRINCIPAL
GODAVARI COLLEGE OF NURSING
JALGAON

GODAVARI COLLEGE OF NURSING JALGAON
ALUMNI ASSOCIATION ACTIVITY ALUMINI TALK ON
DEPRESSION

Type of Activity: Godavari College of Nursing, Alumni Association Activity

Title of the Activity: DEPRESSION

Date of the Activity: 01/12/2025

Organizing Secretary: Prof.Ashwini Vaidya

Convener: Ms. Priyanka Jagtap

Theme and objectives of the Activity: Depression

Students should know about Depression & its management

Speakers / facilitators: Names of speakers / facilitators with their qualification and designation:

Mr.Mauli Kailas Nikam, Assistant professor Vasantprabha College of Nursing Buldhana

Targeted Audience: B.Sc. Nursing students, PG students & Alumni Number of Audience: 70 Students Attended.

Godavari Foundation's
GODAVARI COLLEGE OF NURSING
Affiliated by MUHS Nashik, Accredited by NAAC

Department of Mental Health Nursing
Organizing
ALUMNI SERIES 2025

SPEAKER

Mr. Mauli Kailas Nikam
Assistant professor
Vasantprabha College of Nursing Buldhana

CONVENOR

Prof. Ashwini Vaidya
Professor & HOD
Mental Health Nursing GCON, Jalgaon

 **01-12-2025**
10:00 am

 **Via-Zoom Meeting**
Online Mode

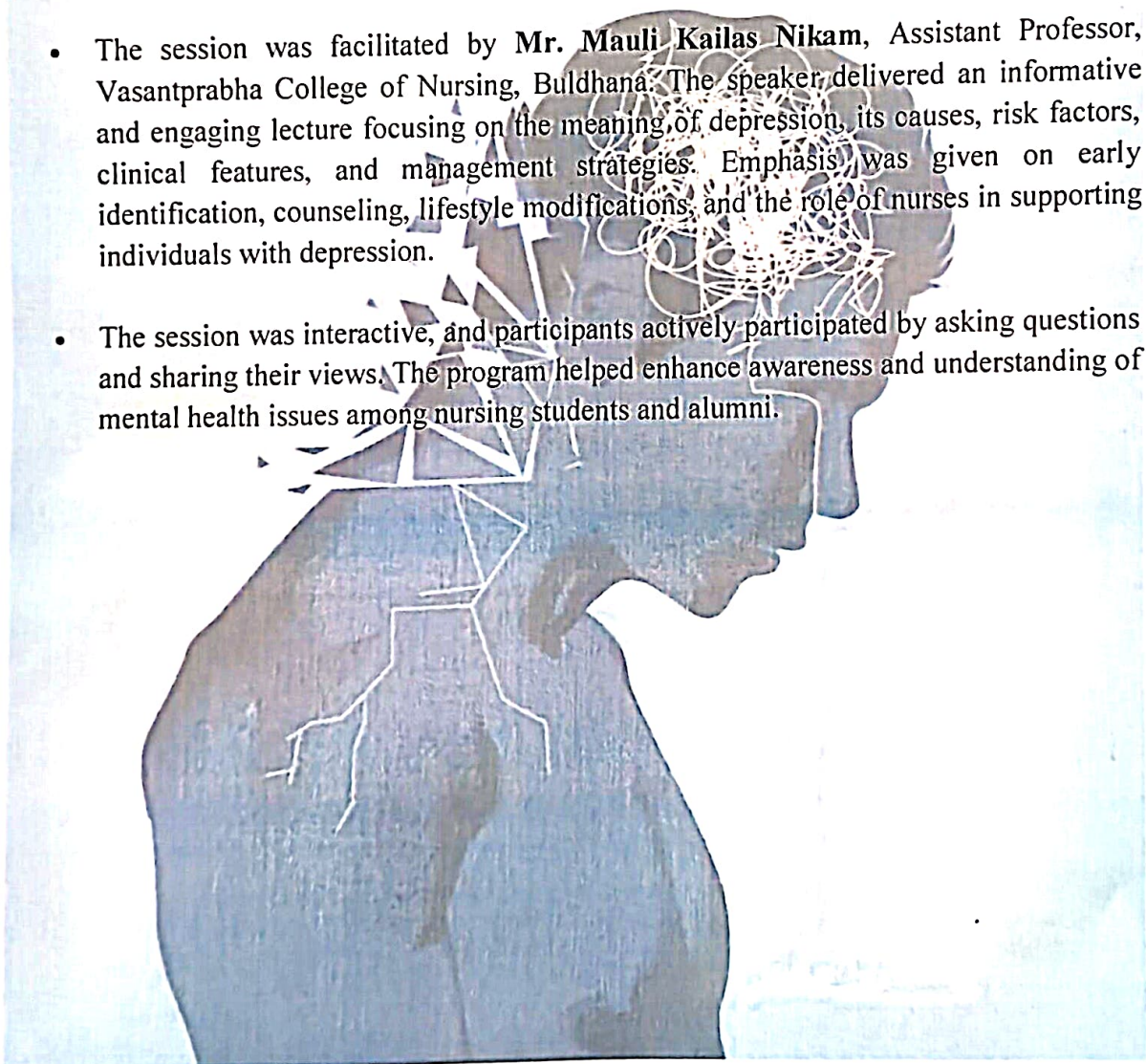
: Topic : "Depression"

Objectives:

- To provide knowledge about depression and its impact on mental health.
- To help students understand the causes, signs, and symptoms of depression.
- To educate students about prevention, early identification, and management of depression.
- To promote mental health awareness among nursing students and alumni.

Report of the Activity:

- The Alumni Association of Godavari College of Nursing organized an educational program on "*Depression*" on 1/12/2025. The program was conducted under the guidance of Prof. Ashwini Vaidya, Organizing Secretary, and coordinated by Ms. Priyanka Jagtap, Convener of the activity.
- The session was facilitated by Mr. Mauli Kailas Nikam, Assistant Professor, Vasantprabha College of Nursing, Buldhana. The speaker delivered an informative and engaging lecture focusing on the meaning of depression, its causes, risk factors, clinical features, and management strategies. Emphasis was given on early identification, counseling, lifestyle modifications, and the role of nurses in supporting individuals with depression.
- The session was interactive, and participants actively participated by asking questions and sharing their views. The program helped enhance awareness and understanding of mental health issues among nursing students and alumni.



Zoom Workplace Meeting Godavari College of Nursing, Jlg

Our Esteemed Speaker

Mr. Mauli Kailas Nikam
 Assistant professor
 Vasantprabha College of Nursing Buldana
 PG Batch: 2019-2021





ALUMNI SERIES 2025

SPEAKER **CONVENOR**

Activate Windows
Go to Settings to activate Windows

Audio Video Participants Chat Reactions Share Host tools AI Companion Meeting info Pause/stop recording More

23°C Sunny Search 11:01 01-12-2025

Zoom Workplace Meeting Mauli's screen

Epidemiology

- Lifetime risk in males 8-12% & in females 20-26%.
- Lifetime prevalence is in the range of 15 - 25 %.
- The mean age of onset is about 40 years (25 - 50 years).
- It may occur in childhood or in the elderly.

...quently in women as in men.
 ...ated with a variety of medical



Participants (40)

Find a participant

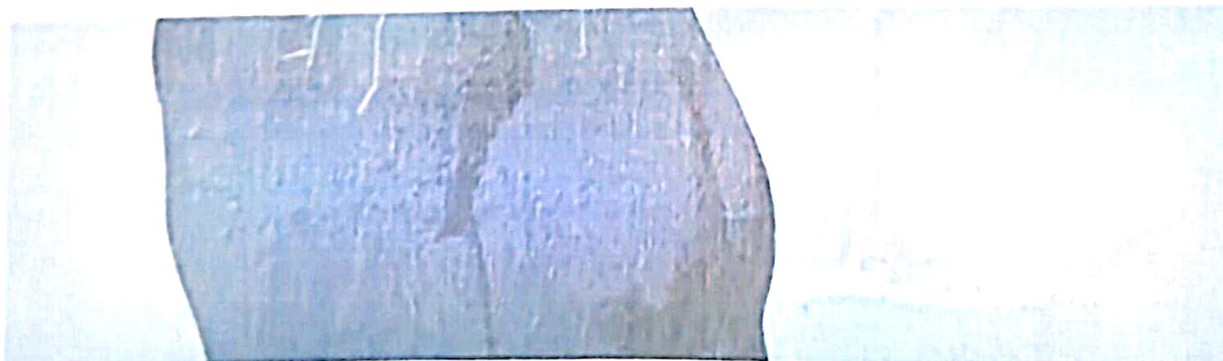
G	GCON, Jalgaon (Co-host, me)	
G	Godavari College of Nursing... (Host)	
M	Mauli (Co-host, guest)	
AD	Aditi Dabhi (Guest)	
AJ	Aditya jadhao (Guest)	
AM	Anushka Mahabudhe (Guest)	
AB	Ashwini Bamhare (Guest)	
A	ASHWINI WADIA (Guest)	
C	chumay (Guest)	
DI	Digvijay Bade (Guest)	
DI	Disha bundhe (Guest)	
D	Danya (Guest)	Ask to unmute

Activate Windows
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Audio Video Participants Chat Reactions Share Host tools AI Companion More Leave

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STUDENTS PARTICIPANTS LIST

SR. NO.	NAME OF STUDENTS
1	AHIRE MANSI NAVAL
2	BELGE DHANRAJ PRAKASHRAO
3	BHAGAT ANKITA RAJENDRA
4	BHAGWAT ROHAN KRISHNA
5	BHALERAU DISHA BHIMRAO
6	BHAMARE PRIYANKA YOGESH
7	BHATURKAR PURVA KISHOR
8	BHILAVEKAR RITU NANDLAL
9	BORKAR ARJUN BALAJI
10	CHAUDHARI UJWAL KIRAN
11	CHAVHAN RAJNANDINI NARAYAN
12	CHOPADE SAKSHI NARENDRA
13	DHAMNE PREETI ANIL
14	DHANDE YOGITA PUNDLIK
15	DHENGLE RUTUJA RAJENDRA
16	DIRKE SACHIN PANDITRAO
17	DONGRE AKANKSHA SUNIL
18	DUDHAKAWARE SHILPA PREM
19	GAWANDE SAMIKSHA SANJAY
20	GHODMARE NAMRATA UMESH
21	GHUGE PRAVIN ATTMARAM
22	GOTMARE ASMITA BALKRUSHNA
23	HAGWANE GANESH RAJU
24	HIWRALE TEJAL SANGHPAL
25	INGLE BHAGYASHRI SAMBHAJI
26	JADHAU SUMEET SARJERAO
27	JADHAV DIVYA PANDHARINATH
28	JADHAV MAYURI SANJAY
29	JADHAV VIKAS VISHNU
30	JANGID NISHA PAVAN
31	JAWADE SAMIKSHA RAMESHRAO
32	JAWNEKAR DHANASHRI ANAND
33	JOGI SHEJAL DEVIDAS
34	KADU PALAK VIJAYRAO
35	KAKAD SAKSHI PANJABRAO
36	KALE AKANKSHA RAMCHANDRA
37	KAMBLE ACHAL RAVINDRA
38	KAMBLE SAMIKSHA SURYABHAN

39	KAMBLE SEJAL RAVINDRA
40	KAMDI NAYNA RAJENDRA
41	KANDE NIKITA SUDHAKAR
42	KAULKAR TUSHAR BHARAT
43	KEDAR SHAMBHURAJE CHANDRABHAN
44	KHARATE VAISHNAV VIJAY
45	KOKATE DIPIKA NARAYAN
46	KUMBHARE HARSHA PRAKASH
47	LAHE ANKITA VILAS
48	MAPARI ANIKET GAJANAN
49	MARGHADE SRUSHTI MAROTI
50	MASKAR PRACHI SHRIRAM
51	MENDHE SANJANA SUBHASH
52	MESHRAM ACHAL NILIND
53	MESHRAM NEHA SHANKAR
54	MILKE AACHAL SHANKARRAO
55	MUNDE RAJESH RAMCHANDRA
56	MUNDHE SHIRISHKUMAR HANUMANT
57	NAPTE SURAJ GANPAT
58	NAVALE HIMANI SURESH
59	NEVE AISHWARYA UMESH
60	OLIVKAR SARTHAK NANDKISHOR
61	PADVISONAL JAYENDRA
62	PATEL SAUNDARYA AMIT
63	PATIL GAURAV JITENDRA
64	PATIL MRUGDA KAVISHWAR
65	PATKAR ANURAG DIPAK
66	PRAJAPAT MANISH OMPRAKASH
67	RANE RUSHIKESH KIRAN
68	SALVE KULDIP PRADEEP
69	SATALKAR SHREYASH ANANDKUMAR
70	SATPUTE SAKSHI BALKRUSHNA




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