

Godavari Foundation's  
Godavari College of Nursing, Jalgaon  
Dept of Mental Health Nursing

## REPORT ON WORLD SCHIZOPHRENIA DAY

THEME: "RETHINK THE LABEL: RECLAIM  
THE STORY"



Date: 24/05/2025

Venue: Dr Ulhas Patil Medical College & Hospital Jalgaon



## Report on World Schizophrenia Day 2025



**Event:** World Schizophrenia Day

**Date:** 24th May 2025

**Time:** 10:00 AM to 11:00 AM

**Venue:** Dr.Ulhas Patil Medical College and Hospital , Jalgaon

**Audience:** Relatives and patients of the psychiatric ward

**Organizers:** MSc 1st and 2nd Year Nursing Students, Godavari College of Nursing, Jalgaon

**Theme:** *Rethink the Label: Reclaim the Story*

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### Introduction

On 24th May 2025, a special event was held at Dr. Ulhas Patil Medical College and Hospital to commemorate World Schizophrenia Day. The event aimed to raise awareness about schizophrenia, reduce stigma, and encourage a supportive environment for patients and their families. The theme for this year's observance was "*Rethink the Label: Reclaim the Story*", focusing on challenging societal misconceptions and promoting empathy. On this occasion Ms Ashwini k Vaidya Hod of Mental health Department was present.

### Objective

- To educate relatives and patients about schizophrenia
- To address myths and reduce stigma associated with the disorder
- To encourage families and society to support individuals living with schizophrenia
- To empower patients by sharing their stories and promoting understanding

### Organizers and Participants

The event was organized by the MSc 1st and 2nd Year Nursing students of Godavari College of Nursing, Jalgaon. The program was designed specifically for the relatives and patients of the psychiatric ward at Dr..Ulhas Patil Medical College and Hospital, Jalgaon

### Program Highlights


- **Welcome Address:** Introduction to the significance of World Schizophrenia Day and the chosen theme was done by Ms Mayuri and Rohini Age student of Msc Nursing 1<sup>st</sup> year students.
- **Educational Talk:** Detailed discussion on schizophrenia—symptoms, treatment options, and management strategies.

**Myth-Busting Session:** Addressed common misconceptions to help reduce stigma and discrimination.

**Myth 1:** Schizophrenia means having multiple personalities.


**Fact:** Schizophrenia is often confused with Dissociative Identity Disorder (DID).

Schizophrenia is a severe mental disorder characterized by hallucinations, delusions, and disorganized thinking — but it does *not* involve multiple personalities.






**Myth 2:** People with schizophrenia are violent or dangerous.




**Fact:** Most people with schizophrenia are not violent. They are more likely to be victims of violence than perpetrators. Stigma and misunderstanding fuel this myth.




**Myth 3:** Schizophrenia is caused by bad parenting or personal weakness




**Fact:** Schizophrenia is a complex brain disorder influenced by genetics, brain chemistry, and environmental factors. It's not anyone's fault, and it's not a result of poor parenting or character flaws.




**Myth 4:** People with schizophrenia can't lead normal lives.




**Fact:** With proper treatment and support, many people with schizophrenia live fulfilling lives, hold jobs, maintain relationships, and manage their symptoms effectively.





**Myth 5:** Schizophrenia is untreatable.



**Fact:** Treatment options like medication, therapy, and social support can help manage symptoms and improve quality of life.




**Patient and Family Stories:** Encouraged sharing personal experiences to highlight the importance of empathy and support. Patients were encouraged to share their stories

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- **Interactive Q&A Session:** Allowed attendees to ask questions and clarify doubts related to schizophrenia. The relatives were encouraged to ask questions and answered by Ms Ashwini K Vaidya HOD of Mental Health Nursing.
  - **Support Resources:** Provided information on counselling services, support groups, and treatment facilities.





## Outcome












The event successfully created an open and supportive space for discussion about schizophrenia. Relatives gained better understanding, and patients felt heard and supported. The theme “*Rethink the Label: Reclaim the Story*” helped attendees reflect on the impact of stigma and the power of empathy in healing.



## Conclusion



The World Schizophrenia Day event was a meaningful step toward promoting mental health awareness and fostering compassion. The efforts of the nursing students in organizing this session greatly contributed to educating the community and supporting those affected by schizophrenia.





## PICTURES OF THE DAY





साप्ताहिक  
गोदावरी परिवार \* सोमवार ०२/०६/२०२५ \*

## गोदावरी कॉलेज ऑफ नर्सिंग जागतिक स्किझोफ्रेनिया दिनानिमित्त जनजागृती

जळगाव - येथील गोदावरी कॉलेज ऑफ नर्सिंगच्या मानसिक आरोग्य विभागाने मानसिक आरोग्य शिक्षण कार्यक्रमाचे आयोजन केले यातून चित्रफित व संभाषणातून जनजागृतीचा प्रयत्न करण्यात आला.

डॉ. उल्हास पाटील वेदिकेय रुग्णालयाच्या (मानसोपचार वर्ड) येथे हा कार्यक्रम आयोजित केला. प्राचार्य विशाखा गणवीर प्राचार्य जीसीओएन जळगाव, प्रा. जसिथ धाया उपप्राचार्य, प्रा. अश्विनी वेद मानसोपचार विभाग, जीसीओएन, जळगावच्या प्रमुख श्रीमती हेमांगी मुकुटे सहयोगी प्राध्यापक, श्री. सुमित निर्मल सहाय्यक प्राध्यापक, श्रीमती मालती सहयोगी प्राध्यापक, श्री. गिरीश खडसे एमएससी. ट्यूटर आणि मानसोपचार



स्पेशॅलिटीचे पीजी विद्यार्थी या कार्यक्रमाला उपस्थित होते. पीजीच्या विद्यार्थिनी मयुरी तिमांडे आणि रोहिणी हारगे यांनी

स्किझोफ्रेनिया, लक्षणे आणि उपचारांबद्दल माहिती देताना जागतिक स्किझोफ्रेनिया दिन २४ मे रोजी साजरा केला जातो, जो मानसिक

ल जागरूकता वाढवण्यासाठी आणि स्किझोफ्रेनिया या गुंतागुंतीच्या मानसिक

आजाराविषयी समाजात समज, सहानुभूती आणि समर्थन वाढवण्यासाठी समर्पित आहे. स्किझोफ्रेनिया हा एक गंभीर मानसिक आजार आहे, ज्यामुळे व्यक्तीच्या विचारसरणी, भावनांवर नियंत्रण आणि वास्तवाच्या जाणिवेवर परिणाम होतो. याचे लक्षणे विविध प्रकारची असू शकतात, ज्यात भ्रम, भास, असंगत विचारसरणी आणि सामाजिक अलगाव यांचा समावेश होतो या आजाराविषयी समाजात अनेक गैरसमजुती आणि कलंक आहेत.

या दिवसाच्या निमित्ताने, या गैरसमजुती दूर करून, रुग्णांना आवश्यक ते समर्थन आणि सहानुभूती मिळवून देणे हे आपले कर्तव्य आहे असे सांगितले.

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