# GODAVARI FOUNDATION'S GODAVARI COLLEGE OF NURSING, JALGAON

Department of Mental Health Nursing

**REPORT ON** 

"WORLD AUTISM AWARENESS DAY 2025"



THEME
"ADVANCING NEURODIVERSITY AND THE
UN SUSTAINABLE DEVELOPMENT GOALS"

#### **OUR AIMS AND OBJECTIVES**

#### **AIMS:**

The primary goal of the mental health department is to educate and raise awareness about autism through health education initiatives.

#### **OBJECTIVE:**

- ♣ Increase Awareness and Understanding: Educate the public about autism spectrum disorder (ASD), its characteristics, and its impact on individuals and families through events, campaigns, and educational resources.
- ♣ Promote Early Detection and Intervention: Raise awareness about the importance of early diagnosis and intervention for children with autism to ensure better outcomes and support for their development.
- ♣ Foster Inclusivity and Acceptance: Encourage communities, schools, and workplaces to create inclusive environments that support individuals with autism, promoting acceptance, respect, and equal opportunities for everyone.
- ♣ Provide Resources and Support for Families: Offer practical resources, information, and emotional support to families of individuals with autism, helping them navigate challenges and access services and interventions.
- ♣ Highlight Personal Stories and Experiences: Share the voices and stories of individuals with autism and their families to break stereotypes, reduce stigma, and highlight their strengths and contributions to society.
- ♣ Collaborate with Professionals and Organizations: Build partnerships with healthcare providers, educators, and community organizations to ensure a coordinated approach to autism care, services, and advocacy.

## REPORT ON WORLD AUTISM AWARENESS DAY 2<sup>nd</sup> APRIL 2025

World Autism Awareness Day, observed annually on April 2nd, serves as a global platform for communities to reflect on the diverse spectrum of neurodevelopmental differences present in society. It is a vital opportunity to foster understanding and acceptance, promoting inclusivity and providing support to individuals with unique perspectives and challenges. Through education and advocacy, this day encourages open dialogue and initiatives aimed at improving the lives of those affected by autism, empowering them to thrive in a world that often struggles to fully comprehend their experiences.

The theme for this year's World Autism Awareness Day "Advancing Neurodiversity and the UN Sustainable Development Goals" emphasizes the importance of promoting inclusivity, equality, and empowerment for individuals with autism and other neurodiverse conditions. It highlights the need to integrate neurodiverse individuals into society in ways that promote their well-being, participation, and contribution to achieving the global Sustainable Development Goals. This theme encourages a deeper understanding of neurodiversity as a valuable aspect of human diversity, fostering environments that support individuals' rights, opportunities, and access to resources, education, and employment. Ultimately, it calls for collective action to create a more inclusive, sustainable, and equitable world for all. This day serves to raise awareness, promote acceptance, advocate for the rights of autistic individuals, and celebrate their strengths.

The Health Education and rally conducted by the students of Godavari College of Nursing was aimed at educating the public and raising awareness about the causes, symptoms, and treatment options for autism. It also sought to dispel common myths surrounding the condition. Under the guidance of Prof. Ashwini K. Vaidya, Head of the Mental Health Nursing Department, students were encouraged to actively participate in the World Autism Awareness Day activities.

The initiative was executed by Ms. Hemangi H. Murkute (Associate Professor, Mental Health Nursing), Mr. Sumit Nirmal (Lecturer, Mental Health Nursing), Ms. Samruddhi Awasare (PG Tutor), Ms. Priyanka Gadekar (PG Tutor), Ms. Shilpa Waghmare (PG Tutor), Ms. Payal Hande (PG Tutor), and Ms. Priyanka A. Jagtap (PG Tutor) under the guidance of Prof. Ashwini K. Vaidya (HOD of Mental Health Nursing Department). Health education and the creation of a banner were carried out by the BSc Nursing 5th semester students, and the activities were held in the community area of Tarsod.

### PHOTO GALLARY









