

GODAVARIFOUNDATIONS

# GODAVARICOLLEGE OF NURSING

JALGAON-MAHARASTRA

((ISO-9001:2015 CERTIFIED INSTITUTE))



**RREPORT ON:**

**WORLD HEART DAY.**

**DATE-29<sup>TH</sup> SEPTEMBER 2023**

***Organized by***

**MEDICAL SURGICAL NURSUNG DEPARTMENT**

**GODAVARICOLLEGE OF NURSING, JALGAON**





Godavari Foundation's

**GODAVARI COLLEGE OF NURSING, JALGAON**

# WORLD **HEART** DAY



29 Sept. 2023



09.00 AM Onwards



Dr. Ulhas Patil English Medium  
CBSE School, Bhusawal

Theme : "Use Heart, Know Heart"



**DATE: 10/10/2023**

**VENUE : Dr. Ulhas Patil CBSE School ,Bhusawal**

**BENEFICIARIES: MSC 1<sup>ST</sup>Yr and MSC 2<sup>nd</sup>Yr (MSN Speciality)**

**AIMS:**

To increase the knowledge of the school students regarding cardiopulmonary Resuscitation, and awareness of cardiovascular disease.

**OBJECTIVE:**

- To promote international heart day.
- To spread awareness in community and school going children with sporting events and campaigns.
- To educate the students to understand a healthy heart to maintain healthier lifestyle
- To educate and train the students to handle emergency situation
- To help people all over the world lead longer and better heart –healthy lives.
- To create awareness among student about the importance of healthy heart.
- To inspire students and group to be aware that healthy heart will not only lead to good physical health status but also good social, economical and psychological status.

## **REPORT ON:- WORLD HEART DAY-(10/10/2023)**

Department of Medical Surgical Nursing, Godavari College of Nursing, Jalgaon. Conducted a programme at Dr Ulhas Patil English Medium CBSE School, Bhusawal. To raise an awareness towards prevention of Cardiovascular diseases. On 10<sup>th</sup> October 2023 On the Occasion of World Heart Day.

Mrs. Manorama Isaac, Associate Professor & HOD has given a brief overview of World Heart Day. And its significance a brief information was also disseminated on the prevention of cardiovascular disease. Since habit develop at an early age therefore development of unhealthy eating habits and poor lifestyle may risk the childrens for the development of the cardiovascular disease in there future adulthood ,Later on the students of MSC 1 & 2 Yr perform the skit on emergency management of cardiac arrest .While showing the steps of cardiopulmonary resuscitation to the students, Teaching & Nonteaching staff ,they also offered them a chance to show redemo of the steps of cardiopulmonary resuscitation. sThe students perform well that implicated that the students understood the steps.

The objective of this event is, To creat awareness among students about the of Measure of keeping healthy heart & healthy lives And also to know the importants of world heart day. Heart is one the vital organ of human body, malfunctioning of it may lead to fatality, So it is very essential for everyone to take care of heart health. Due to lack of awareness about the cardiovascular health and certain lifestyle habits. All Medical Surgical Department Faculty involved in the visit along with Mrs. Manorama Isaac (HOD of Medical Surgical Nursing), Assistant professor Ms. Summiya Sheikh , Ms.Rashmi Tembhurne, Mr, Prashik Chavhan, PG Tutor Ms. Priyanka Gawai, Ms. Priti Gaikwad all mentioned faculty gave their whole heart contribution for this event.

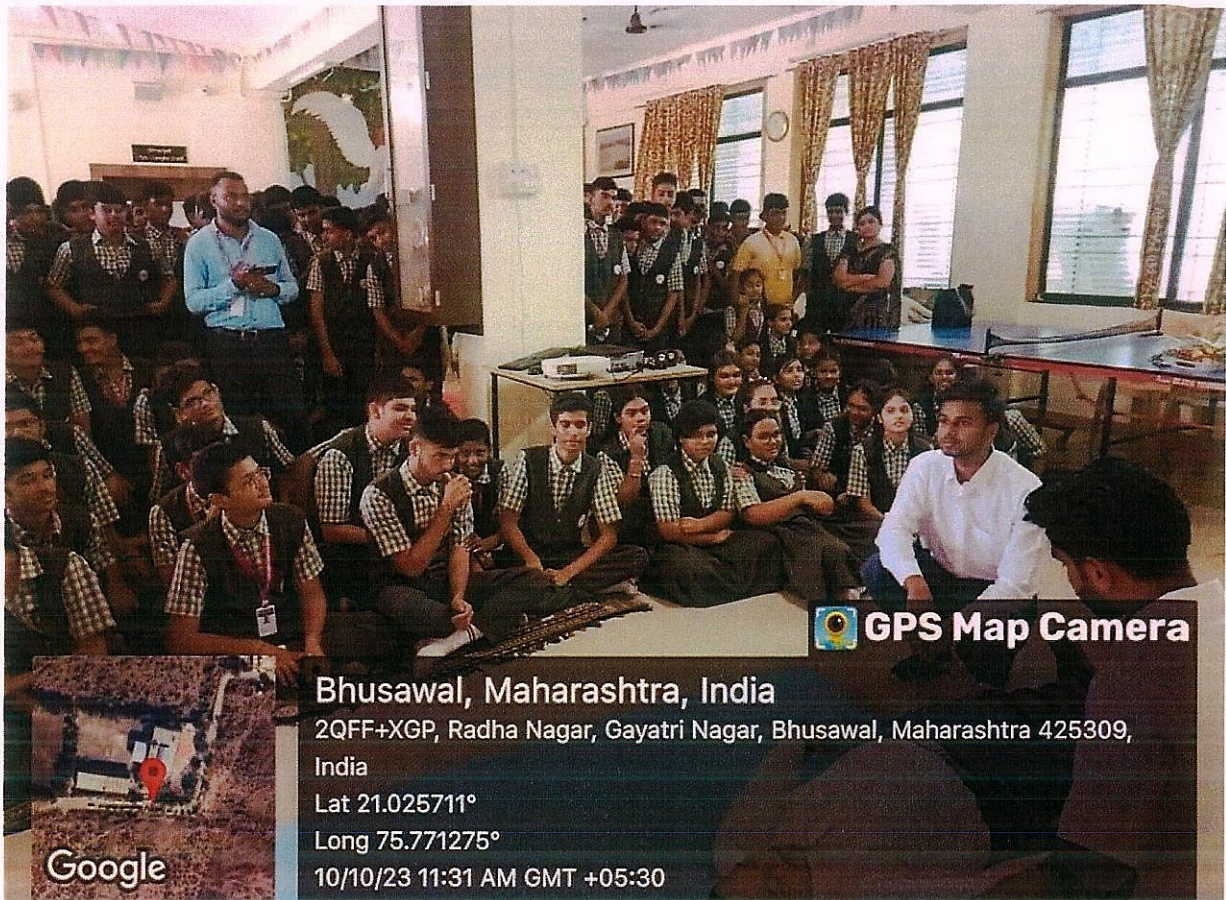
It was a great initiative taken by medical surgical nursing department to create awareness regarding world heart day among the students and staff.



# PHOTOGALLERY









## गोदावरी नर्सिंग महाविद्यालयातर्फे डॉ उल्हास पाटील स्कूल भुसावळ येथे व्याख्यान



**भुसावळ -** गोदावरी कॉलेज ऑफ नर्सिंग, जळगावच्या वतीने जागतिक हृदय दिनानिमित्त डॉ. उल्हास पाटील इंग्लिश मीडियम स्कूल, भुसावळ येथे जनजागृती कार्यक्रम घेण्यात आला.

मानसशास्त्र म्हणते, बालपणात निर्माण झालेल्या सवयी आयुष्यभर टिकून राहतात. त्याचप्रमाणे असे आढळून आले आहे की खाण्यापिण्याच्या चुकीच्या सवयी आणि बैठी जीवनशैली ही एक सवय आहे जी सामान्यतः बालपणात विकसित होते आणि जर ती सुधारली नाही तर आरोग्यावर परिणाम होऊ शकतो आणि आपल्या हृदयाला धोका निर्माण होऊ शकतो.

भविष्यात हृदय व रक्तवाहिन्यासंबंधी रोगाबाबत जनजागृती निर्माण व्हावी या उद्देशाने गोदावरी कॉलेज ऑफ नर्सिंग (वैद्यकीय सर्जिकल नर्सिंग विभाग) ने मंगळवार दिनांक

१० ऑक्टोबर रोजी भुसावळ येथील डॉ.उल्हास पाटील इंग्लिश मीडियम सीबीएसई स्कूल येथे प्रशिक्षणकर्त्यांचे आयोजन केले होते. याप्रसंगी वैद्यकीय सर्जिकल नर्सिंग विभागप्रमुख प्रा. मनोरमा कश्यप यांनी जंक फूडचे शरीरावर होणारे दुष्परिणाम याबाबत माहिती दिली. याशिवाय पोषक आहार घ्या आणि नियमित व्यायाम करा असा सल्ला देखील विद्यार्थ्यांना प्रा.कश्यप यांनी दिला.

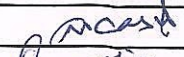
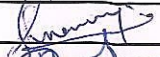

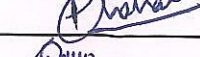




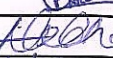
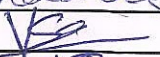

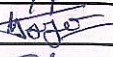
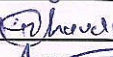
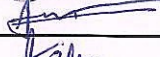



यानंतर एमएससी नर्सिंग प्रथम आणि द्वितीय वर्षाच्या विद्यार्थ्यांनी कार्डियाक अरेस्टच्या आपत्कालीन व्यवस्थापनावर एक नाट्य सादर केले. त्यातून हृदयविकाराचा झटका आल्यावर रुग्णाचा जीव वाचविणारा उपाय म्हणजे सीपीआर, तो कसा द्यावा याचे प्रात्यक्षिकही यावेळी करून दाखवित, विद्यार्थ्यांनाही त्यात सहभागी करून घेतले. याप्रसंगी डॉ.उल्हास पाटील स्कूलच्या प्राचार्या अमघा पाटील यांच्यासह शिक्षक व विद्यार्थी उपस्थित होते. यावेळी गोदावरी नर्सिंगच्या प्राचार्या डॉ मीसमी लेंढे, उपप्राचार्या प्रा.विशाखा वाघ, प्रशासकीय अधिकारी प्रवीण कोल्हे व विभागप्रमुख प्रा.मनोरमा कश्यप यांच्या मार्गदर्शनाखाली कार्यक्रम यशस्वीपणे पार पडला. कार्यक्रमाच्या यशस्वीतेसाठी सुमैया शेख, प्रशिक चव्हाण, प्रिती गायकवाड यांनी सहकार्य केले.



**Godavari college of Nursing ,Jalgaon**  
**ATTENDANCE SHEET**

**FACULTY LIST**

**WORLD HEART DAY    DATE -10/10/2023**

| SR. NO. | NAME                   | DESIGNATION         | SIGN                                                                                  |
|---------|------------------------|---------------------|---------------------------------------------------------------------------------------|
| 1       | MRS.MANORAMA ISSAC     | ASSOCIATE PROFESSOR |    |
| 2       | MS.SUMAIYA SHAIKH      | ASSISTANT PROFESSOR |    |
| 3       | MS.RASHMI TEMBHURNE    | ASSISTANT PROFESSOR |    |
| 4       | MR.PRASHIK CHAUHAN     | ASSISTANT PROFESSOR |    |
| 5       | MS.PRIYANKA GAWAI      | MSC TUTOR           |    |
| 6       | MS.PRITI GAIKAWAD      | MSC TUTOR           |    |
| 7       | MS.PRANALI BHUDE       | BSC TUTOR           |    |
| 8       | MR.AKASH DHANGAR       | MSC 2ND STUDENT     |    |
| 9       | MR.PRATIK ADE          | MSC 2ND STUDENT     |    |
| 10      | MR.AJINKYA LABHANE     | MSC 2ND STUDENT     |    |
| 11      | MR.VIKAS SANANSE       | MSC 2ND STUDENT     |    |
| 12      | MRAKASH DUTONDE        | MSC 2ND STUDENT     |    |
| 13      | MR.MAYUR JADHAV        | MSC 1ST STUDENT     |    |
| 14      | MR.KARAN CHAUDHARI     | MSC 1ST STUDENT     |   |
| 15      | MR.ATULCHANDRA MASKARE | MSC 1ST STUDENT     |  |
| 16      | MS.AKSHATA SHAMBHARKAR | MSC 1ST STUDENT     |  |
| 17      | MS.AISHAWARYA CHAURE   | MSC 1ST STUDENT     |  |



  
**PRINCIPAL**

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**JALGAON**