

REPORT ON
"NATIONAL NUTRITION WEEK
PROGRAMME"




Godavari Foundation's
Godavari College of Nursing, Jalgaon
Department of community Health Nursing
NATIONAL
NUTRITION
WEEK CELEBRATION
01st - 07th Sept. 2021
Theme :- **"Feeding Smart Right From Start"**
Venue :-

Invitation

Godavari Foundation's



Godavari College of Nursing, Jalgaon
Department of community Health Nursing

*Cordially invites you on the occasion
of National Nutrition Week*

1 st - 7 th Sept. 2021

-: Theme :-

"Feeding Smart Right From Start"

-: Time :-

10.00 am

-: Venue :-

Godavari College of Nursing, Jalgaon.



AGENDA

GODAVARI COLLEGE OF NURSING, JALGAON
COMMUNITY HEALTH NURSING DEPARTMENT
CELEBRATION OF NATIONAL NUTRITION WEEK
1ST – 7TH SEPT 2021.

TIME	DATE	EVENT	EVENT INCHARGE
10:00am-12:00 Pm	01/09/2021	Inauguration of Nutrition week Celebration (Theme Unfolding)	Community Health Nursing Department Faculty & B.B.sc Students.
3:00pm-4:00pm	01/09/2021	Essay Writing competition	Mr. NirbhayMohod Lecturer, Gcon Ms. Priya Jadhav Lecturer, Gcon.
10:00am-12:00pm	02/09/2021	Poster Competition	Mr. NirbhayMohod Lecturer, Gcon & Ms. Rebecca Londhe Lecturer , Gcon.
10:00am-12:00pm	03/09/2021	Short Video Making Competition	Mr. NirbhayMohod Lecturer, Gcon & Ms. Priya Jadhav Lecturer , Gcon.
9:10am-1:00pm	04/09/2021	Food Day Celebration (Food Festival & stall)	Ms. Rebecca Londhe Lecturer , Gcon. & Ms. Priya Jadhav Lecturer , Gcon.

4:30pm-5:30pm	06/09/2021	Community Nutrition Awareness Programme	Community Health Nursing Department Faculty & B. B.sc Fourth Year students
10:00am-1:00pm	07/09/2021	Seminar on “Feeding Smart Right From Start”.	All teaching Faculty and B.B.SC Students. Gcon, Jalgaon

INTRODUCTION

Every good food and liquid contains some important nutrition like proteins, carbohydrate, fats, some vitamins, minerals and water. These all play different role to keep our body healthy and build new cells in our body. These are the important nutrition and their role in our body

Good Nutrition Provides The Building Blocks of Muscle. When you eat foods that contain protein, they are broken down in the body as amino acids. These amino acids are then used to build and repair any muscle tissue. This is great for those who are physically active or exercise regularly.

The National Nutrition Week is celebrated in India from September 1 to September 7. This week aims to educate people about the importance of diet and nutrition in their life. Various organisations come forward to share diet tips for health and well-being. Prime Minister also asked the listeners to eat nutritious food and stay healthy during the nutrition month. Therefore, National Nutrition Week is observed every year from 1st September to 7th September to aware people of the importance of nutrition for the Human Body and well-being of health.

AIMS

- ✚ To increase awareness about good nutrition and health.
- ✚ To impart proper information and build awareness through seminars and also camps.
- ✚ To give every child and citizen of India on how children can benefit from proper nutritious diet right from birth.
- ✚ To address malnutrition in the country which is expected to worsen as a result of the pandemic and limited resources for nutrition.

MAIN OBJECTIVES

- ✚ To aware students regarding nutritional value.
- ✚ To achieve sustainable food and nutrition security.
- ✚ To eliminate all forms of malnutrition in order to have a well nourished and healthy population that can effectively contribute to national economic development.

- ✚ To enhance the nutritional practice awareness among people of the community through the adoptable training, timely education, seminars, different competitions, road shows and many other campaigns and to make a healthy nation

REPORT ON "NATIONAL NUTRITION WEEK PROGRAMME"

National Nutrition week was celebrated at Godavari college of Nursing, Jalgaon organised by Community Health Nursing department on 1st September, 2021 To 7th September, 2021 under the theme, "Feeding smart right from start". Celebration was started with Inauguration of Nutrition week Celebration Theme Unfolding in the presence of Principal Dr. Mousami Lendhe Mam, Vice-principal Ms. Menaka S.P. Mam and Mr. shivanand Biradar, Nursing Director, Mr. Pravin Kolhe Sir, Administrative Officer

Godavari college of nursing, Jalgaon. We had organized various competition for the students on the theme "Feeding smart right from start" like Essay competition, Poster making competition, short video making competition and therapeutic and healthy food making competition. The students of First And Third year Basic Bsc Nursing students, were actively participated in all the competitions and programmes. Food Day Celebration was arranged for all students on On 04/09/2021 at 9:00am-1:00pm In this event students prepare therapeutic diets and

present their dishes creatively. On 07/09/2021 at 10:00am-1:00pm Guest speaker Mr. Puneet Basson, B.Sc.(Hospitality& Hotel Administration), M.H.M.C.T. and Ph. D` delivered a lecture on “Feeding Smart Right From Start” and Price distribution for all the winner in various competition during National Nutrition Week. For the success of programme all the teachers of community health nursing department takes lots of effort Under the guidance of Mrs. Jacinth Dhaya , Asso. Professor, HOD of Community Health Nursing Department.

PHOTOS

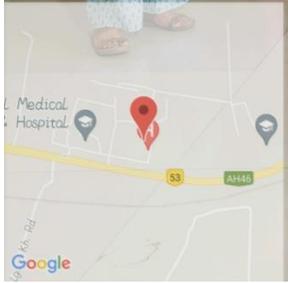


**GODAVARI COLLEGE OF NURSING
JALGAON**

Godavari College of Nursing, Jalgaon
Department of community Health Nursing
**NATIONAL
NUTRITION
WEEK CELEBRATION**
01st - 07th Sept. 2021
Theme - "Feeding Smart Right from Start"
Venue - GODAVARI COLLEGE OF NURSING, JALGAON

Please
Wear Face
Mask
Thank You

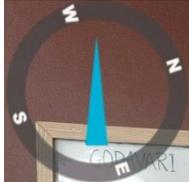
Please
Sanitise Your
Hand
Thank You



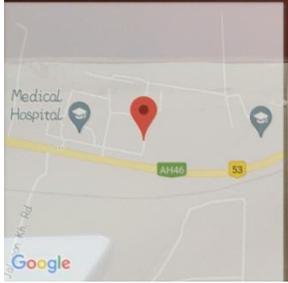
210° SW
Khirdi
Jalgaon

Maharashtra
Altitude: 146.5m

Godavari college of nursing Jalgaon
Index number: 400
Sep 1, 2021 11:23:35 AM



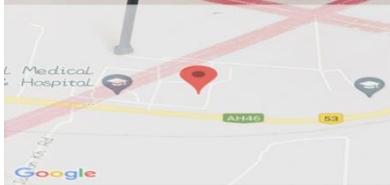
GODAVARI COLLEGE OF NURSING, JALGAON
NATIONAL NUTRITION
WEEK CELEBRATION
1st SEPT 2021
ESSAY COMPETITION

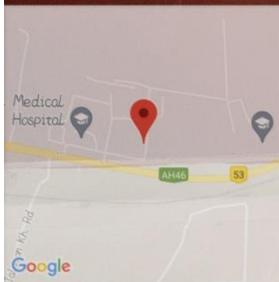
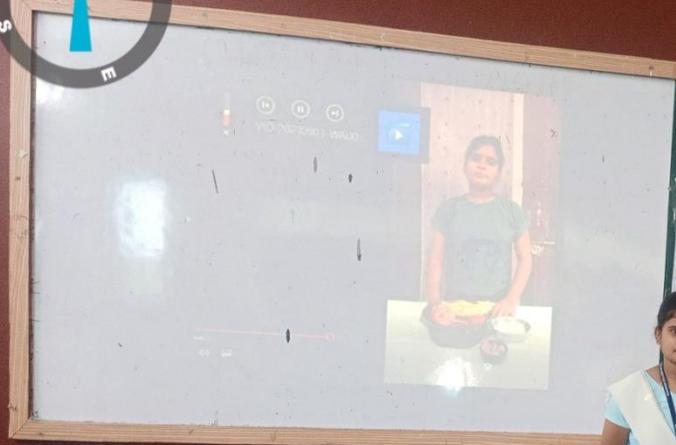
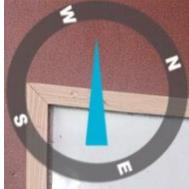


288° W
Nimbhora - Dasnur Road
Tighre
Jalgaon
Maharashtra
Altitude: 138.6m
Godavari college of nursing Jalgaon
Index number: 404
Sep 1, 2021 12:34:13 PM



178° S
Khirdi
Jalgaon
Maharashtra
Altitude: 142.2m
Godavari college of nursing Jalgaon
Index number: 437
Sep 2, 2021 11:08:57 AM





290° W
Nimbhora - Dasnur Road
Tighre
Jalgaon
Maharashtra

Altitude: 138.5m
Godavari college of nursing Jalgaon
Index number: 464
Sep 3, 2021 10:38:52 AM



222° SW
Nimbhora - Dasnur Road
Tighre
Jalgaon
Maharashtra
Altitude: 210.0m
Speed: 0.9km/h

Godavari college of nursing Jalgaon
Index number: 491
Sep 4, 2021 10:44:41 AM



गोदावरी नर्सिंग महाविद्यालयात न्यूट्रीशन सप्ताह साजरा



जळगाव - गोदावरी नर्सिंग महाविद्यालयात १ ते ७ सप्टेंबर या कालावधीत न्यूट्रीशन सप्ताहानिमित्त विविध उपक्रमांचे आयोजन करण्यात आले होते. यात विद्यार्थ्यांसह शिक्षकांनीही उत्स्फूर्तपणे सहभाग नोंदविला.

गोदावरी नर्सिंग महाविद्यालयात १ सप्टेंबर रोजी न्यूट्रीशन सप्ताहाचे उद्घाटन करण्यात आले. परिसरात पोषक आहार म्हणजे काय असतो, त्याची सुबक रांगोळी रेखाटण्यात आली होती. दरम्यान कम्युनिटी हेल्थ नर्सिंग विभागातर्फे सप्ताहात विविध स्पर्धा घेण्यात आल्यात. यात निबंध स्पर्धा, पोस्टर स्पर्धा, व्हिडीओ तयार करणे, खाद्यपदार्थ बनवणे असे विविध कार्यक्रम उत्साहात पार पडले.

मंगळवार, ७ सप्टेंबर रोजी न्यूट्रीशन सप्ताहाच्या समारोपाप्रसंगी प्रमुख अतिथी म्हणून हरिभाऊ जावळे इन्स्टीट्यूट ऑफ हॉस्पिटॅलिटी मॅनेजमेंट अॅण्ड

केटरिंगचे प्राचार्य पुनित बेसॉन यांनी मार्गदर्शन केले. दिपप्रज्वलन करून कार्यक्रमाला सुरुवात झाली, मान्यवरांचे पुष्पगुच्छ देवून स्वागत करण्यात आले. प्राचार्या डॉ.मौसमी लेंढे यांनी कार्यक्रमाचे प्रास्ताविक केले. सूत्रसंचालन क्रिस्टीना पवार हिने तर आभार स्वाती गाडेगोने ह्यांनी मानले.

स्पर्धेचा निकाल

निबंध स्पर्धा - प्रथम अचल बालंधरे, द्वितीय रुद्रेश जोशी, तृतीय वैभव इंगळे. पोस्टर मेकिंग स्पर्धा - प्रथम कल्याणी मेश्राम, द्वितीय अचल बालंधरे, तृतीय श्रद्धा कोडावी. व्हिडीओ

मेकिंग स्पर्धा - प्रथम हर्षिता मेश्राम, द्वितीय विशाल वाघमारे, तृतीय इलजुदे इनोसंट. खाद्यपदार्थ बनवणे स्पर्धा प्रथम चिन्मय चौधरी अॅण्ड ग्रुप. द्वितीय प्रेक्षित गायकवाड अॅण्ड ग्रुप, तृतीय स्नेहल लाखे अॅण्ड ग्रुप. यावेळी उपप्राचार्य मेनका एस.पी, प्रा अश्विनी वैदय, कम्युनिटी हेल्थच्या प्रमुख प्रा. जेसिथ ढाया, नर्सिंग महाविद्यालय संचालक प्रा शिवानंद बिरादर, प्रशासन अधिकारी प्रविण कोल्हे इ मान्यवर यावेळी उपस्थित होते.

