गोदावरी फाऊंडेशन संचलित,

## गोदावरी कॉलेज ऑफ नर्सिंग

नॅशनल हायवे नं.६, गट नं. ५७/१, ५७/२, खिडीं शिवार, ता. जि. जळगांव-४२५३०९ (महाराष्ट्रा) भारत



Godavari Foundation's

## **GODAVARI COLLEGE OF NURSING**

NH-6, Gat No. 57/1, 57/2, Khirdi Shiyar, Tal. & Dist. Jalgaon-425309 (Maharashtra) INDIA

(Reg. by INC, MSBPNE, MNC, MUHS, GOVT, of Maharashtra)
(Accredited by NAAC)

(नर्सिंग शिक्षा को संपुर्ण प्राप्त करने का प्रवास)

(Striving to Achieve Complete Nursing Education)

GF/GCON /13563 / 2025

Date: 28/09/2025

#### CIRCULAR

This is to inform all students and faculty members that World Heart Day will be observed on 29th September 2025 in our institution with the theme "Don't Miss a Beat". On this occasion, the Department of Medical-Surgical Nursing has organized the following activities to spread awareness about cardiovascular health in the community:

#### Activities Include

- 1. Awareness Rally highlighting the importance of a healthy heart and lifestyle Modifications.
- 2. Thematic Skit/Street Play focusing on prevention and early detection of heart diseases.

All faculty members and students are requested to actively participate in the program and contribute to creating awareness for the prevention of heart diseases.

Date: 29/09/2025

Venue: Primary Health Center Nashirabad

Time: [10 AM Onward]

Your cooperation and participation will make this event successful.



Principal PRINCIPAL GODAVARI COLLEGE OF NURSING JALGAON

## **GODAVARI FOUNDATIONS** GODAVARI COLLEGE OF **NURSING**

JALGAON (MAHARASHTRA) (ISO-9001:2015 CERTIFIED INSTITUTE)



## **REPORT ON** WORLD HEART DAY

**SEPTEMBER 29,2025** 

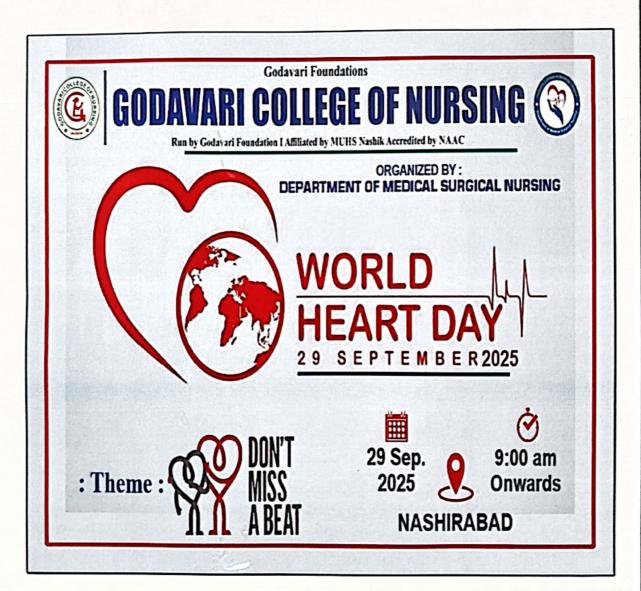
**ORGANISED BY** GODAVARI COLLEGE OF NURSING JALGAON.



Date: 29th September 2025 Theme: "Don't Miss A Beat"

Organized by: Department of Medical Surgical Nursing, Godavari College of

Nursing, Jalgaon



### REPORT ON WORLD HEART DAY 2025

Date: 29th September 2025 Theme: "Don't Miss A Beat"

Organized by: Department of Medical Surgical Nursing, Godavari College of Nursing, Jalgaon

#### Introduction

World Heart Day is celebrated annually on 29th September to raise global awareness about cardiovascular diseases (CVDs), their prevention, and the importance of adopting a healthy lifestyle. To mark this important day, the Department of Medical Surgical Nursing, Godavari College of Nursing, Jalgaon, organized a community-based program under the guidance of the respected Principal, Mrs. Vishakha Gandvir, and the Head of the Department of Medical Surgical Nursing along with faculty members. The celebration was conducted with great enthusiasm and active participation from students of seventh semesters.

#### Objectives

To create awareness among community people about the significance of heart health.

To promote early detection and prevention of cardiovascular diseases.

To sensitize the public regarding the harmful effects of an unhealthy lifestyle.

To equip community members with practical, life-saving knowledge such as CPR.

To encourage the adoption of small lifestyle changes that can make a big difference in preventing heart problems.

#### **Activities Conducted**

1. Awareness Rally

A rally was organized in the community with students carrying banners, placards, and slogans emphasizing heart health.

Messages such as "Healthy Heart, Healthy Life" and "Don't Miss A Beat – Care for Your Heart" were prominently displayed.

The rally attracted the attention of local residents and created awareness in a simple yet effective manner.

2. Thematic Skit

A skit was performed by 7th-semester students, depicting real-life scenarios of individuals

affected by heart diseases due to poor lifestyle choices.

The skit highlighted the importance of early recognition of heart problems, the dangers of smoking, alcohol, junk food, and lack of exercise.

Preventive measures such as balanced diet, regular exercise, stress management, and timely medical checkups were emphasized through the performance.

#### 3. Basic CPR Demonstration

Faculty and students conducted a live demonstration of Cardiopulmonary Resuscitation (CPR).

Community members were shown how to recognize cardiac arrest and respond immediately with chest compressions and rescue breaths.

Many community participants also practiced under the supervision of faculty, making the session highly interactive and practical.

#### Participation

The program witnessed the active participation of students from the 7th semester, guided by faculty members of the Department of Medical Surgical Nursing.

The event was graced by the presence of Principal, Mrs. Vishakha Gandvir, along with HODs of various departments and teaching faculty.

Community members showed great enthusiasm and actively engaged in the sessions, especially during the CPR training.

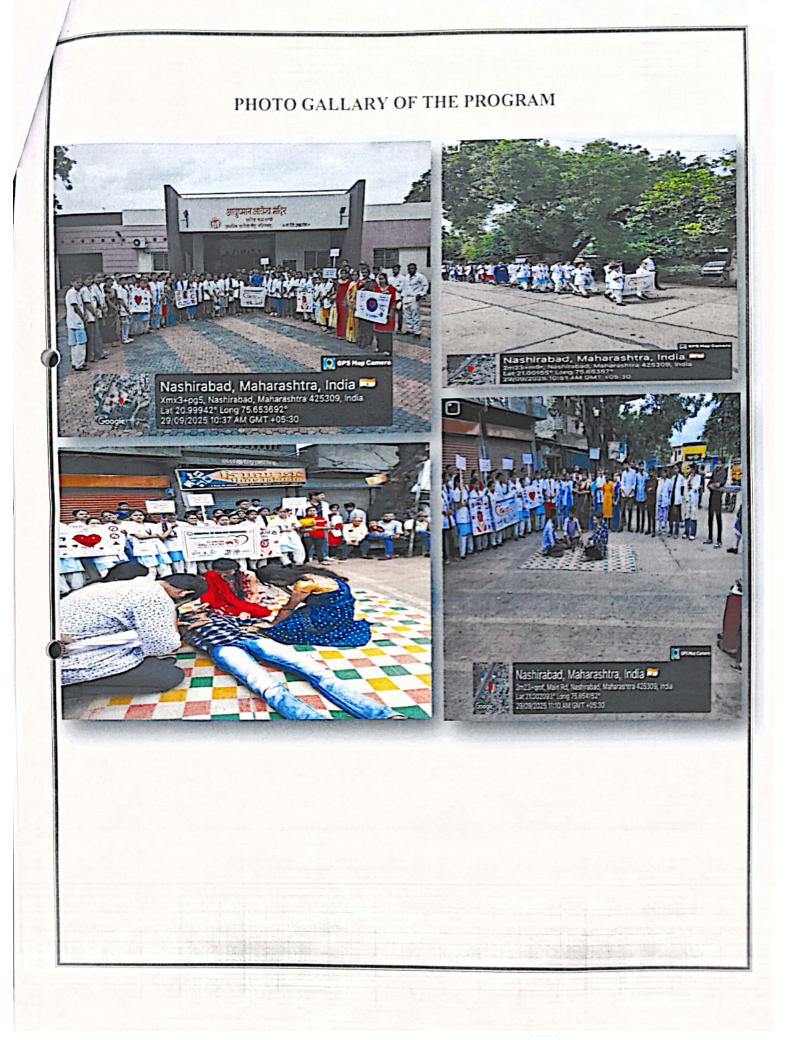
#### Outcome

The awareness rally, skit, and CPR demonstration together created a strong impact on the community.

People understood the importance of early identification of heart problems, lifestyle modifications, and timely interventions.

The CPR training empowered participants with essential life-saving skills, enabling them to act confidently in emergencies.

The collaborative efforts of students, faculty, and community ensured that the message of "Don't Miss A Beat" was conveyed effectively.





## जागतिक हृदय दिनानिमित्त गोदावरी नर्सिंगमध्ये विविध कार्यक्रम संपन्न





भूतावब (राजेश कपडे) — मोदावरी कॉलेज निर्माण करण्यासाठी विविध माहितीपत्रके जा और नतिन, बळगाव येथे जगतिक इस्य दिन चोस्टर्सच्या मध्यमातून माहिती चोहेच्छानी. २०२५ साजरा करण्यात आता. मेडिकत- तसेच CPR प्रत्यक्षिकाहरे बाँच वाचीन्याच्या सर्विकत नरिंग विभावाच्या वर्तीने आयोजित या तंत्रज्ञानाचे प्रत्यक्ष प्रतिक्रण सोकांना दिले मेले. : कार्यक्रमाचा दीन "Don't Miss a Beat" या उपक्रमानुके विद्यार्थीय उत्साह, विक्रकारे होता. कर्णक्रमंतर्गत जनजन्ती रेती, मार्गदर्शन माणि सनुदावण सक्रिय सहस्था प्रतिनिधिक नाटिका जानि बेलिक CPR दिल्ल आला. उपस्थितानी या कार्यक्रमाचे कोल्ड प्रात्मिक विद्यार्थ्याने सादर केते. इट्यविकाराचे केते आणि चविष्यत असा आरोन्वविषयक सङ्कर निदन, अस्तरव बीदनशैतीचे दुर्चारणाम कर्मक्रमांची नियमितरित्वा आवस्यकता अपि नद्धन सर्वांमध्ये स्ट्रत करून अलेग्य अस्त्याचे ब्यस्त केले. सदर कार्यक्रम समाव्यत सुधारमाचे महत्त्व वावर प्रभावी संदेश दिले मेले. इदय आरोम्बायस्य जानस्कता बादविम्यासाठी हर्वानी सहभागी बगरिकांमध्ये जनस्कता व्यवसी ठला.

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## जागतिक हृदय दिनानिनित्त गोदावरी नर्सिंगमध्ये कार्यक्रम

जळगाव : येयीत गोदावरी कॉतेज ऑफ नर्सिंगमध्ये जागतिक ह्दयरोग दिनानिमित्त विविध कार्यक्रमाचे आयोजन करण्यात आते होते. गोदावरी कॉतेज ऑफ नर्सिंग, जळगाव येथीत मेडिकत-सर्जिकत नर्सिंग विभागातर्फे जागतिक हृदय दिन २०२५ विविध उपक्रमांनी साजरा करण्यात आता. यावर्षीचा जागतिक थीम डोन्ट मिस अ बीट यावर आधारित कार्यक्रमांचे आयोजन करण्यात आते.या उपक्रमांतर्गत जनजागृती रॅती, प्रातिनिधिक नाटिका तसेच बेसिक सीपीआर प्रात्यक्षिक विद्याय्योंनी सादर केले. इदयविकाराचे तवकर निदान करण्याचे महत्त्व. अस्वस्य जीवनशैतीचे दुष्परिणाम आणि तहान-सहान सवर्यीमध्ये बदत केल्यास होणारे सकारात्मक परिणाम याबद्दल प्रभावी संदेश देण्यात आता.या कार्यक्रमामुळे समाजातीत नागरिकांमध्ये हृदय आरोग्याबाबत जागरूकता निर्माण झाती तसेच सीपीआरसारख्या जीव वाचवणाया तंत्रज्ञानाचे प्रत्यक्ष प्रशिक्षण मिळाते. विद्यार्थ्यांचा उत्साह, शिक्षकांचे मार्गदर्शन आणि समुदायाचा सक्रिय सहभाग यामुळे हा दिवस अर्थपूर्ण व यशस्वी ठरता.



## GODAVARI FOUNDATION'S GODAVARI COLLEGE OF NURSING, JALGAON **BSC NURSING 7TH SEMESTER (2025-26)**

## **ATTENDANCE SHEET**

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66	PRAJAPAT MANISH OMPRAKASH	St.
67	RANE RUSHIKESH KIRAN	Ole
68	SALVE KULDIP PRADEEP	(A)

69	SATALKAR SHREYASH ANANDKUMAR	
70	SATPUTE SAKSHI BALKRUSHNA	MOV.
71	SHAHANE KALYANI SANJAYRAO	Peter
72	SHAIKH KASHIF SHAIKH HISAMODDIN	Aleir
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PAINCIPAL GODAVARI COLLEGE OF NURSING JALGAON



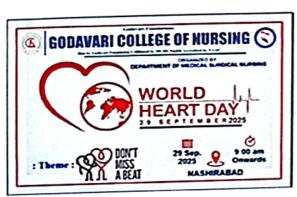
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27th Sep. 2025

weekly news outline

vol-29

GODAVARI FOUNDATION'S WORLD HEART DAY 2025 – UPCOMING CELEBRATION AT GODAVARI COLLEGE OF NURSING, JALGAON THEME: "DON'T MISS A BEAT"



Event Details

Ever Date: 29th October 2025

Time: 9:00 AM

Yenue: Nashirabad

The Department of Medical-Surgical Nursing, Godavari College of Nursing, Jalgaon, will be organizing a series of activities on the occasion of World Heart Day 2025 to create awareness about cardiovascular health in the community.

The program will be conducted under the theme "Don't Miss A Beat", emphasizing the importance of protecting heart health through awareness, lifestyle modifications, and timely medical intervention.

As part of the celebration, an Awareness Rally will be carried out by nursing students, who will spread messages on heart-healthy living through placards and slogans. A Thematic Skit will also be performed to educate the community on the causes, prevention, and management of heart disease in a simple and impactful manner.

In addition, a Basic CPR (Cardio-Pulmonary Resuscitation)

Demonstration will be presented, enabling the public to learn essential life-saving skills for emergencies such as sudden cardiac arrest.

These activities will aim to encourage the community to adopt healthy habits, undergo regular check-ups, and understand the importance of timely response during heart-related emergencies.

Through this celebration, Godavari College of Nursing will continue its mission to promote health awareness and contribute to the well-being of society.

STAY CONNECTED:
FOR UPDATES ON UPCOMING EVENTS,
RESEARCH OPPORTUNITIES, AND ACADEMIC
PROGRAMS, FOLLOW US ON OUR OFFICIAL
PLATFORMS.

¶ GODAVARI FOUNDATION'S GODAVARI COLLEGE
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