

GODAVARI FOUNDATION
GODAVARI COLLEGE OF NURSING, JALGAON
(ISO-9001:2015 CERTIFIED INSTITUTE)



REPORT ON
WORLD SUICIDE PREVENTION DAY

DATE - 10th September 2025

ORGANIZED BY
DEPARTMENT OF MENTAL HEALTH NURSING
GODAVARI COLLEGE OF NURSING, JALGOAN

गोदावरी फाउंडेशन संघटित,

गोदावरी कॉलेज ऑफ नर्सिंग

नॅशनल हायवे नं. ६, गट नं. ५७/१, ५७/२, खिर्दी शिवार,
ता. जि. जळगाव-४२५३०९ (महाराष्ट्र) भारत



Godavari Foundation's

GODAVARI COLLEGE OF NURSING

NH-6, Gat No. 57/1, 57/2, Khirdi Shivar,
Tal. & Dist. Jalgaon-425309 (Maharashtra) INDIA

(Reg. by INC, MSBPNE, MNC, MUHS, GOVT. of Maharashtra)

(Accredited by NAAC)

(नर्सिंग शिक्षा को संपूर्ण प्राप्त करने का प्रयास)

(Striving to Achieve Complete Nursing Education)

DATE: 08/09/2025

CIRCULAR

The Department Of Mental Health Nursing celebrating World Suicide Prevention
Day on 10/09/2025 (Time: 10AM – 12PM) under the theme

"CHANGING THE NARRATIVE ON SUICIDE"

We Request All Faculties, PG Students Kindly Join the Programme.




PRINCIPAL
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JALGAON

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**GODAVARI COLLEGE OF
NURSING, JALGAON**

Run by Godavari Foundation | Affiliated by MUHS Nashik
Accredited by NAAC

World Suicide Prevention Day 2025

- Theme : Changing the Narrative on Suicide



10th Sept. 2025



9.00 am



GCON, Jalgaon

GODAVARI FOUNDATION
GODAVARI COLLEGE OF NURSING, JALGAON
DEPARTMENT OF MENTAL HEALTH NURSING

WORLD SUICIDE PREVENTION DAY

Date – 10-09-2025

Time – 10AM TO 12PM

AGENDA

SR.NO.	TIME	TOPIC	FACULTY/STUDENTS
1.	10.00 am to 11.00 am	Welcome address & Rally at GCON campus	Mental health department faculty and 7 th semester students
2.	11.00am to 11.40am	ROLE PLAY AT DUPMCH Hospital	7 th semester students
3.	11.40am to 12pm	Photo shoot and vote of thanks	Mental health department

WORLD SUICIDE PREVENTION DAY 2025
THEME: "CHANGING THE NARRATIVE ON SUICIDE"

DATE: 10th September 2025

ORGANIZED BY: Department of Mental Health Nursing, along with UG & PG Students.

VENUE: Godavari College of Nursing, Jalgaon

Aims

- To reduce the stigma surrounding mental health and suicide through awareness and education.
- To empower students, patients, and communities with knowledge and skills for suicide prevention.
- To strengthen early identification and timely intervention for individuals at risk.

Objectives of the Program

- To raise awareness about suicide prevention among students, patients, and the community.
- To foster a safe and supportive environment for open discussion on mental health issues.
- To educate participants on recognizing early warning signs of suicidal behavior.
- To increase knowledge of available mental health resources and support systems.
- To promote empathy, understanding, and timely interventions for individuals at risk.
- To encourage positive coping strategies and resilience-building practices.

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HISTORY OF WORLD SUICIDE PREVENTION DAY

World Suicide Prevention Day (WSPD) is observed every year on **10th September** and was first introduced in **2003** by the **International Association for Suicide Prevention (IASP)** in collaboration with the **World Health Organization (WHO)** and the **World Federation for Mental Health (WFMH)**. The inaugural observance took place in Stockholm, Sweden, with the aim of creating a global platform to raise awareness about suicide, reduce the stigma surrounding it, and encourage preventive actions worldwide. Since then, WSPD has grown into a worldwide movement, marked by awareness rallies, community programs, vigils, training sessions, and policy advocacy efforts across countries. Each year, the day is observed under a specific theme that highlights different aspects of suicide prevention, such as awareness, early intervention, empathy, and breaking the stigma. Over time, WSPD has helped mobilize communities, health organizations, and governments to recognize suicide as a major public health issue and integrate suicide prevention strategies into national and global health agendas. By fostering understanding, promoting resilience, and encouraging open dialogue, the day continues to serve as a vital initiative in the global fight against suicide.

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REPORT ON WORLD SUICIDE PREVENTION DAY 2025

On Wednesday, September 10, 2025, Godavari Foundation's Godavari College of Nursing, (Department of Mental Health Nursing), Jalgaon successfully organized World Suicide Prevention Day. The event, held at the Godavari College of Nursing, Jalgaon, included a comprehensive awareness program aimed at educating and sensitizing nursing students, hospital patients, and the general public about suicide prevention and mental well-being. The program was conducted under the global theme **“Changing the Narrative on Suicide”**, which emphasized breaking the stigma surrounding mental health, encouraging open conversations, and fostering a culture of empathy and early intervention.

The day began with an Awareness Rally from 9:00 AM to 10:30 AM, in which nursing students, faculty members, and volunteers actively participated. The rally started from the college campus and proceeded through nearby hospital areas and local communities. Participants carried placards with messages such as **“Your Life Matters,” “Speak Up, Reach Out,” “Mental Health is Health,”** and **“Together for Suicide Prevention.”** This initiative successfully engaged the local community, spreading awareness about the significance of mental health, the importance of early intervention, and the role of supportive environments in preventing suicide.

Later, from 11:00 AM to 12:00 PM, students presented a Role Play within the college and hospital premises. The enactment portrayed real-life scenarios reflecting struggles with mental health, warning signs of suicidal ideation, and the crucial role of peer, family, and professional support. The performance left a strong emotional impact on the audience and encouraged active discussion. Many attendees came forward to share personal experiences during the interactive session, highlighting the program’s effectiveness in initiating dialogue on sensitive issues.

Throughout the program, key messages were reinforced, including the fact that suicide is preventable, help is always available, early detection of mental health issues can save lives, and that changing the way we talk about suicide helps reduce stigma. The initiative not only improved awareness among students and hospital patients but also encouraged open dialogue among peer groups and healthcare staff. Moreover, it actively engaged the community while empowering nursing students to become advocates for mental health.



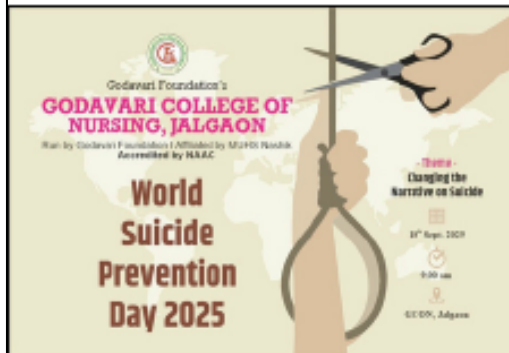
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News Letter

08th Sep, 2025

weekly news outline

GODAVARI FOUNDATION'S GODAVARI COLLEGE OF NURSING HOSTS WORLD SUICIDE PREVENTION DAY - 2025



Godavari College of Nursing, Jalgaon, is proud to host a special event for World Suicide Prevention Day 2025. This day serves as a powerful reminder of the importance of mental health awareness and the critical need to support those who are struggling.

The event's theme is "Changing the Narrative on Suicide."

Our goal is to shift the conversation away from stigma and silence and towards open dialogue, understanding, and prevention. By coming together, we can create a supportive community and help save lives.

EVENT DETAILS

- 📅 Date: 10th September 2025
- 🕒 Time: 9:00 am
- 📍 Venue: Godavari College of Nursing, Jalgaon.

STAY CONNECTED:
FOR UPDATES ON UPCOMING EVENTS,
RESEARCH OPPORTUNITIES, AND ACADEMIC
PROGRAMS, FOLLOW US ON OUR OFFICIAL
PLATFORMS.

📍 GODAVARI FOUNDATION'S GODAVARI COLLEGE
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PHOTO GALLERY

Department of Mental Health



Students Spreading Awareness through Rally

