

GODAVARI FOUNDATION'S
GODAVARI COLLEGE OF NURSING
JALGAON



REPORT ON INTERNATIONAL YOGA DAY

21ST JUNE 2025

ORGANIZED BY:

INFRASTRUCTURE AND LEARNING
RESOURCE COMMITTEE IN
COLLABORATION WITH NSS.



GODAVARI FOUNDATION'S

GODAVARI COLLEGE OF NURSING

Run by Godavari Foundation | Affiliated by MUHS Nashik
NAAC Accredited



:- Organized By :-

**Infrastructure and Learning Resource Development
Committee in Collaboration with NSS Department**

International Yoga Day

Theme:- Yoga For One Earth, One Health



21 June 2025



07.00 am



DUPMC&H, Ground

YOGA

INTRODUCTION:

YOGA is a science not less than 5000 years old which can help a human life to move towards higher state of harmony and peace both as an individual and a social being.

AIMS:

- To raise the awareness about importance of yoga.
- To educate the student regarding the health benefits of yoga.

OBJECTIVE:

1. To enable the student to have good health.
2. To practice mental hygiene.
3. To possess emotional stability.
4. To attain higher level of consciousness.
5. To maintain good body posture also physical ability

REPORT ON YOGA DAY 2025

Godavari Foundation, Godavari College Of Nursing, Jalgaon Has Celebrated The International Yoga Day On 21st June 2025. Organized By Infrastructure & Learning Resource Development Committee In Collaboration With Nss. The Theme For This Year Is "Yoga For One Earth And One Health." The Program Started With Welcome And Felicitations Of The Entire Guest . The Meditation Session Was Held In Sara Sports Hall ,Of Godavari College Of Nursing , Jalgaon. Students From .B.Sc. Nursing 4th Semester Participated In The Program.

The Session Started At 7:00am Led By Our Physiotherapy Department Dr. Rahul Giri And Their Students. They Gave Information Regarding The Benefits Of Yoga Are Far-Reaching And Incorporating It Into Daily Life Can Lead To a Healthier, More Balanced, And Peaceful Existence. After That Yoga Session Start In That Various Poses Of Yoga Asanas (Postures) And Pranayama (Breathing Exercises) Led By Our Physiotherapy Trainers . All Students And Our Staff Participated Eagerly In This Session With Enthusiasm, Gaining Insight Into The Holistic Benefits Of Yoga For Healthy Lifestyle . They Understood That Regular Yoga Helps To Improve One's Life Physically, Mentally And Spiritually As Well. The Session Ended At 8:00am With Photo Session.

PHOTO SESSION:





Tighre, Maharashtra, India

2pg4+459, Tighre, Maharashtra 425002, India

Lat 21.025053° Long 75.70593°

21/06/2025 08:08 AM GMT +05:30

ATTENDANCE

85	SOLANKE PALLAVI RAMDAS	P. P. Solanke
86	SOLANKI ANKITA PRALHAD	Ankita
87	SONAWANE JAHANVI RAVINDRA	Sonawane
88	SONUNE PAYAL CHANDRABHAN	Payal
89	SURADKAR ANKITA SANJAY	Ankita
90	TAGADE PAYAL SHIVDAS	P. S. Tagade
91	TALEKAR SHITAL PRABHAKAR	Shital
92	TAYWADE SANIKA NITIN	Taywade
93	UIKEY GAURI SANJAY	Ukey
94	VAIRAGE NIKITA ARJUN	Nikita
95	VASAVE PRITI SUNIL	Priti
96	WAGHMARE ADITI PRAKASH	Waghmare
97	WAKADE SHIVAM VILAS	Wakade
98	WAKUDKAR VISHAKHA MAROTI	Vishakha
99	WAYAL SHANTANU GAJANAN	Shantanu

37	HIWARKAR BHARTI KAILAS	
38	HULKE SAMRUDDHI VASANTA	
39	INGALE SAKSHI KAILAS	<i>Sk</i>
40	INGLE ANJALI RAJU	<i>K. Ansh</i>
41	JADHAO PRAJWAL VITTHAL	
42	JADHAO RAJESHWARI RAJENDRA	<i>R.R. Jadhao</i>
43	JANGAM SEJAL UTTAMRAO	
44	JOGE PALLAVI RAVINDRA	
45	JUNGULWAD SHUBHAM GANGADHAR	
46	KALE ARYAN NARESH	
47	KARANDE MOHANISH KIRAN	
48	KAWADE RAJNANDNI DILIP	<i>Ramade</i>
49	KHADSE RASHMI VISHNU	
50	KHAWAJA DANIYAL NAEEMUDDIN	
51	LAKHAMAPURE MAHESHVARI SANJAY	<i>A.S.</i>
52	LATPATE SWAPNIL BRAMHADEV	
53	MAKESAR PRERIT VISHWASH	
54	MAMDE AARYA GAJANAN	
55	MESHAM VANSI GAUTAM	<i>Vansh</i>
56	MUNDHE SRUSHTI MAHESH	<i>Nitesh</i>
57	NARBHAVAR NILESH ASHOK	
58	NARWADE ANKITA DATTATRAY	<i>A. D. Narwade</i>
59	NATH SURAJ VIJAY	
60	NEWARE TANUJA RAGHUNATH	<i>Travasa</i>
61	NAHVI SANIKA NARENDRA	
62	PAL SAKSHI SANJAY	<i>Sakshi</i>
63	PATHAK ABHISHEK RAKESH	
64	PATIL ANJALI BABARAO	<i>Anjali</i>
65	PATIL PRANAY DEVANAND	
66	PATIL PRATHAM VINOD	<i>Pratham</i>
67	PAWADE DEVYANI RAVINDRA	<i>Devyani</i>
68	PAWAR ROSHNI RAJU	<i>Roshni</i>
69	PAWAR VISHAL NARENDRA	
70	PERKUNDE KASHISH VINODRAO	<i>Perkunte</i>
71	RAMTEKE ROHIT BANDU	
72	RAUT DIVYA DINKAR	<i>D. Lat</i>
73	RAUT MANSAVI KRUSHNAGOPAL	<i>R. Mansa</i>
74	RAUT PUSHPAK RAJU	
75	RAUT SAKSHI SANTOSH	<i>Saks</i>
76	SALVE MADHAV ASHOK	
77	SANDVE ASHLESHA PRAKASH	<i>AS</i>
78	SARNAIK JAGRUTI ASHOKRAO	<i>Jagruti</i>
79	SATAO UNNATI PRASHANT	<i>Unnati</i>
80	SAWANT BUDDHABHUSHAN MAULI	
81	SAWSAKADE SNEHA RAVINDRA	<i>Sneha</i>
82	SHAIKH SAHID SHAIKH KALANDAR	<i>Shaiikh</i>
83	SHAIKH SANIYA MOHAMMAD AFSAR	<i>Saniya</i>
84	SHELKE PRATHAMESH RAJENDRA	<i>Shelke</i>

Godavari Foundation's
Godavari college of Nursing, Jalgaon
International Yoga Day
Attendance

Name of the Instructors
DATE : 21/06/2025

SR.NO	NAME OF THE STUDENTS	SIGNATURE
1	ADE PRUTHVIRAJ PRALHAD	
2	AMBHORE PRADNYA SHRIDHAR	<i>[Signature]</i>
3	ANANTULLA CHRISTOPHAR JAMES	<i>[Signature]</i>
4	BADGUJAR KUNAL SANJAY	<i>[Signature]</i>
5	BAWANE KAVERI SATISH	<i>[Signature]</i>
6	BHAT ROSHANI JAGDISH	<i>[Signature]</i>
7	BHOI YOGESH NAGNATH	
8	BHOLE KHUSHI BHUPENDRA	
9	BHOYAL SAMRUDDHI KISHOR	<i>[Signature]</i>
10	BHUTE YOGINI ISHWAR	<i>[Signature]</i>
11	BIRHADE DEVASHISH ASHOK	
12	BONDARE ASHVINI GANPAT	<i>[Signature]</i>
13	BURILE OM SANTOSH	<i>[Signature]</i>
14	CHAUDHARI HARSHALI DATTU	<i>[Signature]</i>
15	CHAUDHARI SAURABH NITIN	
16	CHAVAN CHAITALI CHHAGAN	<i>[Signature]</i>
17	CHAVHAN VAISHNAVI GAJANAN	<i>[Signature]</i>
18	DATE PRATIKSHA PRAFUL	<i>[Signature]</i>
19	DESHMUKH NANDINI NANDKISHOR	<i>[Signature]</i>
20	DHABALE DHANASHRI GAJANAN	<i>[Signature]</i>
21	DHANDE LOKESH PRASHANT	<i>[Signature]</i>
22	DHAYGUDE SHITAL DNYANDEV	<i>[Signature]</i>
23	DHOBLE KOMAL ANILRAO	<i>[Signature]</i>
24	DOIFODE AVINASH UTTARESHWAR	<i>[Signature]</i>
25	DSOUZA CRISTINA PRAKASH	<i>[Signature]</i>
26	DUDHE NIKITA KRISHNA	<i>[Signature]</i>
27	DUNEDAR CHAITANYA NETAJI	<i>[Signature]</i>
28	DUNEDAR DHIRAJ NETAJI	<i>[Signature]</i>
29	FULMALI SAMIKSHA SHANTRAKSHAK	<i>[Signature]</i>
30	GADE JAY VINAYAK	<i>[Signature]</i>
31	GAWANDE SHANTANU PRATAP	
32	GHOGARE SHEETAL ANILRAO	<i>[Signature]</i>
33	GIRHE SHREYA MADHUKAR	<i>[Signature]</i>
34	GULHANE DIVYA SUDHAKAR	<i>[Signature]</i>
35	GUTTE SANTOSH VISHWANATH	<i>[Signature]</i>
36	HAJARE VAISHNAVI KADUJI	<i>[Signature]</i>