


**GODAVARI FOUNDATIONS  
GODAVARI COLLEGE OF NURSING, JALGAON  
COMMUNITY ORIENTED ACTIVITY**

<b>SR.NO</b>	<b>COMMUNITY ORIENTED ACTIVITY</b>	<b>DATE</b>
1	MILK FEDERATION VISIT	19/07/2023
2	PSYCHIATRIC HOSPITAL	27/07/2023
3	OLD AGE HOME	27/07/2023
4	INDIAN RED CROSS SOCIETY	27/07/2023



  
**PRINCIPAL**  
**Principal**  
Godavari College of Nursing  
JALGAON

**FIELD VISIT TO  
VIKAS MILK  
FEDERATION**

## FIELD VISIT TO VIKAS MILK FEDERATION

### INTRODUCTION

As part of the curriculum, the students of Godavari College of Nursing, jalgaon embarked on an educational field trip to Vikas Milk Federation jalgaon , a renowned dairy cooperative, on 19th July 2023. Total 160 students visited the milk federation in jalgaon

### AIM:

The visit aimed to provide the nursing students with insights into the functioning of a dairy cooperative, understanding the dairy industry's practices, and exploring the importance of nutrition in healthcare.

### OBJECTIVES:

To observe the operations and processes involved in a dairy cooperative

To understand the significance of nutrition and dairy products in promoting health.

To explore the link between dairy production and healthcare.

### ACTIVITIES:

#### Tour of the Vikas Milk Federation Plant:

The students were given a comprehensive tour of the dairy plant, where they witnessed the various stages of milk processing, pasteurization, and packaging. The guide explained the importance of maintaining hygiene and quality standards to ensure safe dairy products for consumers.

#### Interaction with Dairy Experts:

The students had the opportunity to interact with dairy experts, including veterinarians, nutritionists, and production managers. They gained valuable insights into the challenges faced by the dairy industry and the efforts taken to maintain the health of cattle and the quality of milk.

#### Nutrition Workshop:

A nutrition workshop was organized, highlighting the significance of dairy products in maintaining a balanced diet and supporting overall health. The students learned about the essential nutrients found in milk and their role in preventing various health conditions.

#### Community Health Initiative:

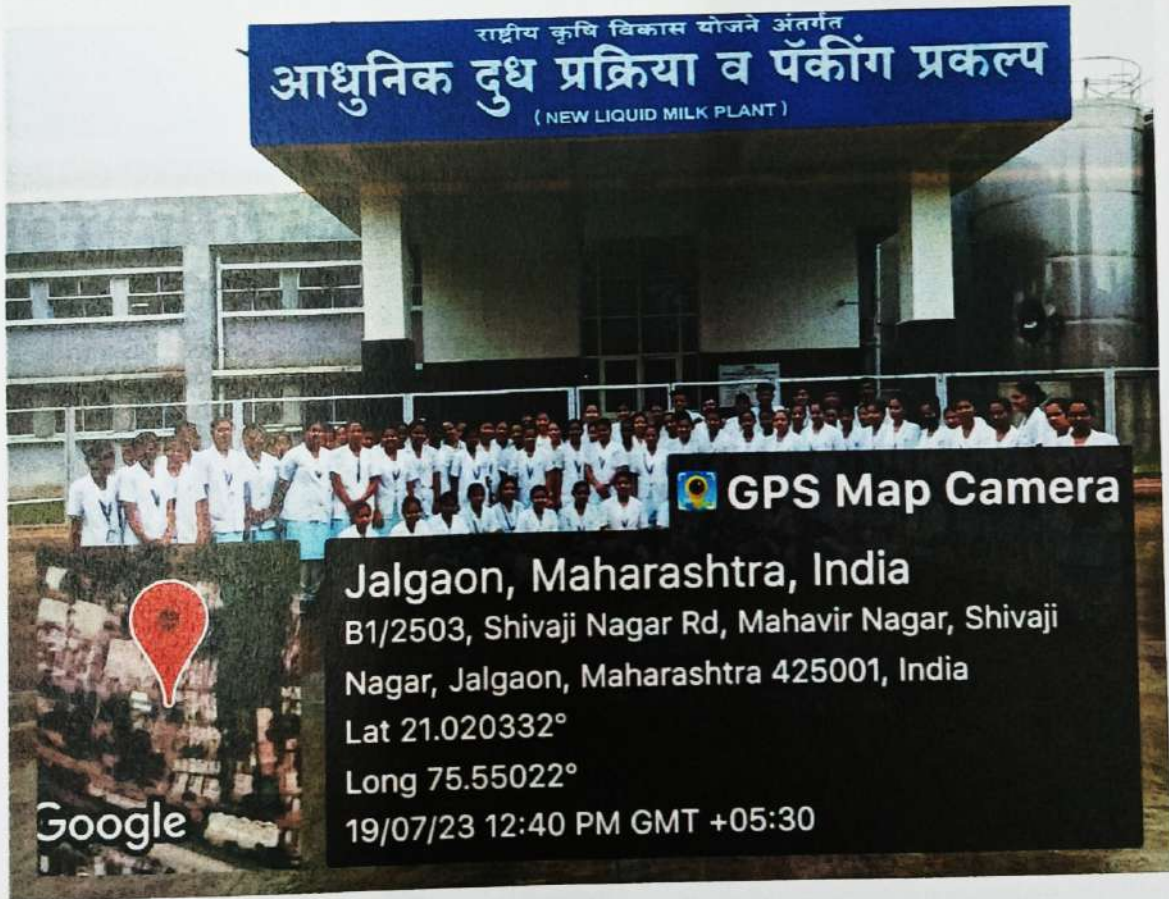
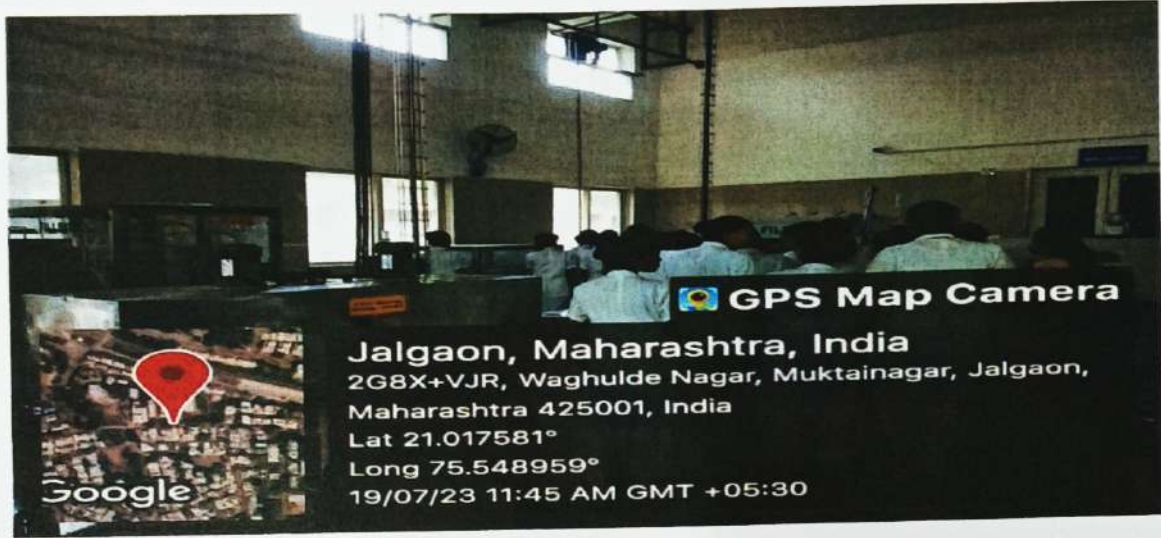
The visit concluded with a community health initiative, where the students conducted a health camp in collaboration with Vikas Milk Federation. They educated the local community on the importance of dairy products in their diet and conducted basic health screenings.

#### CONCLUSION:

The visit to Vikas Milk Federation proved to be an enriching experience for the nursing students of Godavari College of Nursing. It provided them with valuable insights into the dairy industry's operations, the importance of nutrition in healthcare, and the significance of community health initiatives. This educational excursion served to complement their nursing curriculum and equip them with a holistic understanding of healthcare and nutrition.




Photos








 **GPS Map Camera**



**Jalgaon, Maharashtra, India**  
2G8R+VVC, Nivrutti Nagar, Pimprala Shivar,  
Muktainagar, Jalgaon, Maharashtra 425001, India  
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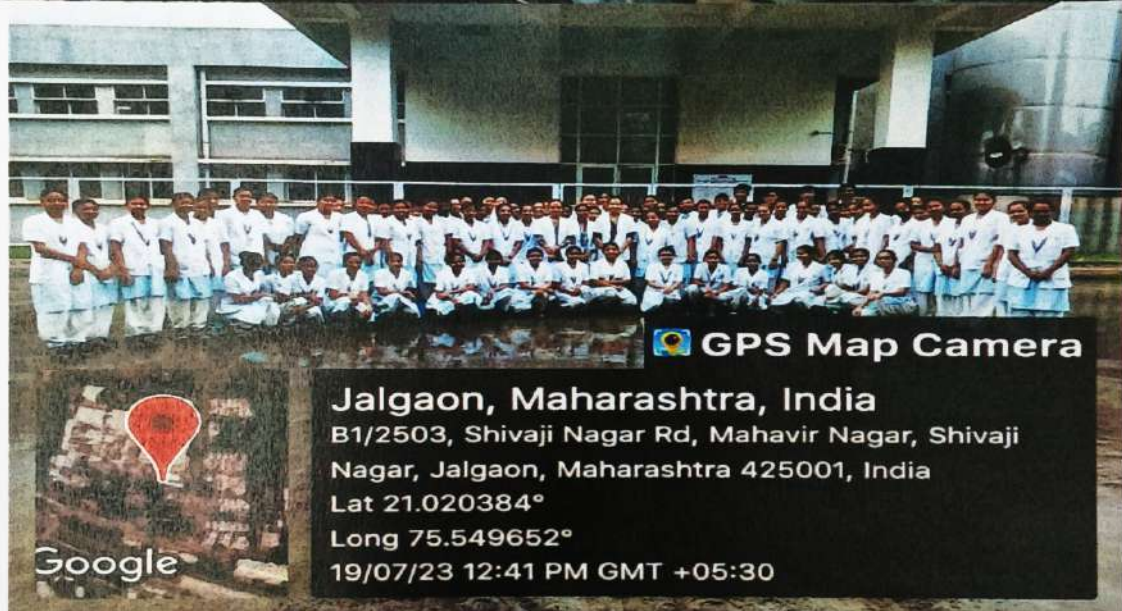
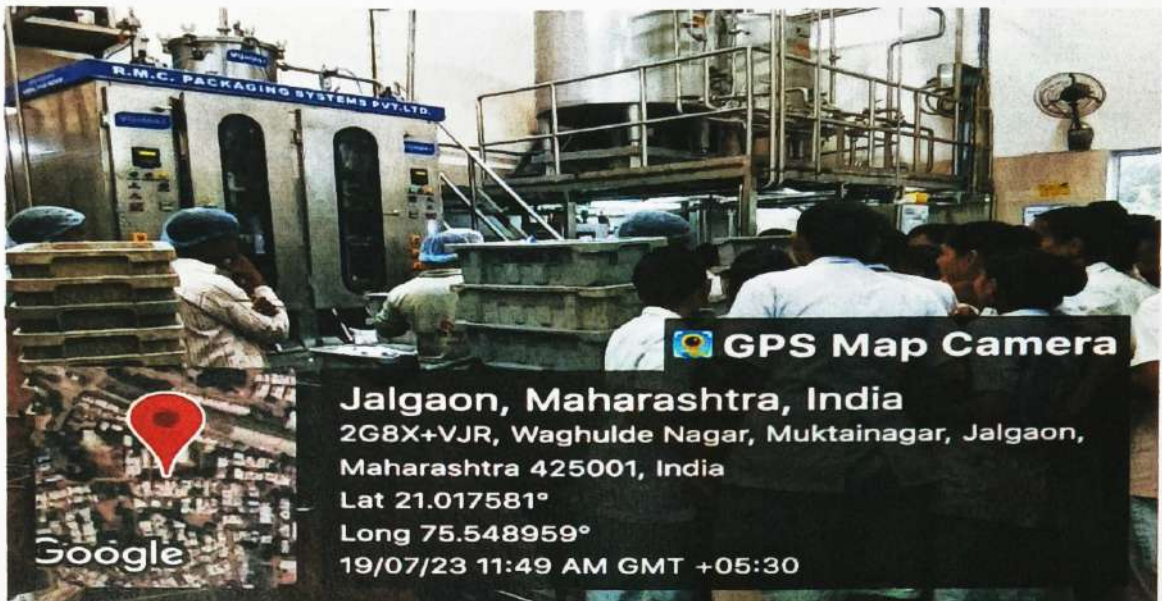


 **GPS Map Camera**



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PRINCIPAL  
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JALGAON

# **PSYCHIATRIC HOSPITAL VISIT**



## Visit Report: Dr. MayurMuthe Psychiatric Hospital, Jalgaon

Date: 27th July 2023

### Introduction:

As part of our curriculum, a field visit was organized to Dr. MayurMuthe Psychiatric Hospital in Jalgaon on 27th July 2023. The visit aimed to provide students with practical exposure to the working environment of a psychiatric hospital, enhance their understanding of mental health care, and familiarize them with the challenges faced by healthcare professionals in the field of psychiatry.

### Objectives:

1. Observe the functioning and organization of a psychiatric hospital.
2. Gain insights into the various mental health conditions and their treatment approaches.
3. Understand the role of different healthcare professionals in managing psychiatric patients.
4. Learn about the efforts made towards patient rehabilitation and community reintegration.
5. Field Visit Details:
6. Upon reaching the hospital premises, we were warmly welcomed by Dr. MayurMuthe himself, the founder and director of the psychiatric hospital. He briefly explained the hospital's history, mission, and vision, emphasizing its commitment to providing compassionate and evidence-based mental health care to the community

### Observations:

**Facilities and Infrastructure:** The hospital had well-maintained infrastructure with separate wards for inpatients, outpatient clinics, counseling rooms, and recreational areas. The ambiance was designed to promote a sense of tranquility and safety.

**Patient Care:** We observed how the hospital staff treated patients with empathy, respect, and dignity. Individualized care plans were created for each patient, taking into account their specific needs and conditions.

**Multidisciplinary Team:** The hospital had a strong multidisciplinary team comprising psychiatrists, psychologists, social workers, psychiatric nurses, and occupational therapists. This approach ensured comprehensive care for patients, considering their psychological, emotional, and social aspects.

**Therapeutic Interventions:** We learned about various therapeutic interventions used in the hospital, including cognitive-behavioral therapy (CBT), dialectical behavior therapy (DBT), and art therapy. These approaches aimed to address patients' psychological and emotional challenges effectively.

**Rehabilitation Programs:** The hospital emphasized rehabilitation and reintegration of patients into society. They offered vocational training and life-skills development programs to help patients regain independence and lead fulfilling lives.

**Community Outreach:** Dr. MayurMuthé's hospital actively engaged in community outreach programs to raise mental health awareness, combat stigma, and provide support to families of patients.

**Interactions:**

During our visit, we had the opportunity to interact with Dr. MayurMuthé, who graciously shared his experiences and insights into the field of psychiatry. He emphasized the need for more mental health professionals and the importance of addressing mental health issues at the grassroots level.

Additionally, we interacted with other healthcare professionals, including psychiatrists, psychologists, and nurses, who shared their expertise and discussed their roles in patient care and recovery.

Conclusion:

The field visit to Dr. MayurMuthe Psychiatric Hospital in Jalgaon proved to be an enlightening experience for all the students. Witnessing the dedication of the hospital staff towards improving the lives of patients with mental health conditions was inspiring. The visit reinforced the importance of mental health care and the need for destigmatizing mental illnesses in society.

The exposure to different therapeutic interventions and rehabilitation programs broadened our understanding of the holistic approach to mental health treatment. We are grateful for the opportunity to visit such an esteemed institution and hope to carry forward the knowledge gained into our future careers in the healthcare industry.



Photos







**Jalgaon, Maharashtra, India**  
Shop. No. 303, B New, opposite Indian red Cross society, Old B J Market, Jaikisan Wadi, Jalgaon, Maharashtra 425001, India  
Lat 21.009426°  
Long 75.569005°  
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JALGAON

**FIELD VISIT**

**TO**

**AN OLD AGE HOME**



## RODUCTION:

On 27th July 2023, students pursuing BSc Nursing and MSc Nursing at Godavari College of Nursing, Jalgaon, embarked on a field visit to an old age home. The objective of the visit was to gain practical exposure to geriatric care, understand the unique needs of the elderly population, and foster empathy and sensitivity towards their well-being.

## DESCRIPTION OF THE OLD AGE HOME:

We visited Matoshri Old Age Home, a well-established facility dedicated to providing care and support to the elderly residents of Jalgaon. Situated amidst a serene environment, the home offered a peaceful and comfortable living space for its diverse group of occupants. The residents varied in terms of age, physical abilities, and health conditions.

### Objectives:

The primary objectives of the field visit were as follows:

1. To understand the unique healthcare needs and challenges faced by the elderly population.
2. To observe and evaluate the living conditions and healthcare facilities available at the old age home.
3. To interact with the residents and gain insights into their physical, emotional, and psychological well-being.
4. To learn about the caregiving practices and approaches employed by the facility's staff.
5. Observations and Learnings:
6. During the visit, we had the opportunity to observe and learn various aspects related to geriatric care:

**Health Conditions:** Several elderly residents were grappling with chronic health issues, including hypertension, diabetes, respiratory ailments, and musculoskeletal disorders. Others faced age-related concerns such as hearing impairment and reduced mobility.

**Emotional Needs:** Many residents expressed feelings of loneliness and a longing for companionship. The importance of emotional support and social interactions in the lives of the elderly became evident during our conversations.

**Personal Care:** We observed that some residents required assistance with activities of daily living, such as bathing, dressing, and feeding. The staff demonstrated patience and kindness in providing individualized care.

**Recreational Activities:** The old age home offered a range of recreational activities to engage the residents and enhance their mental well-being. These activities included yoga sessions, group games, and art classes, which were well-received by the residents.

**Staff Dedication:** The staff members at the old age home exhibited a high level of dedication and compassion towards the residents. They were attentive to their needs and showed genuine concern for their comfort and happiness.

**Interactions and Experiences:**

Throughout the visit, we engaged in meaningful interactions with the elderly residents. We listened to their life stories, experiences, and challenges they faced in their twilight years. These conversations offered us profound insights into the aging process and the resilience of the human spirit.

We also had the privilege of participating in some of the recreational activities with the residents, which provided us with an opportunity to share moments of joy and laughter. These interactions helped bridge the generation gap and reinforced the importance of building meaningful connections with the elderly.

**Conclusion:**

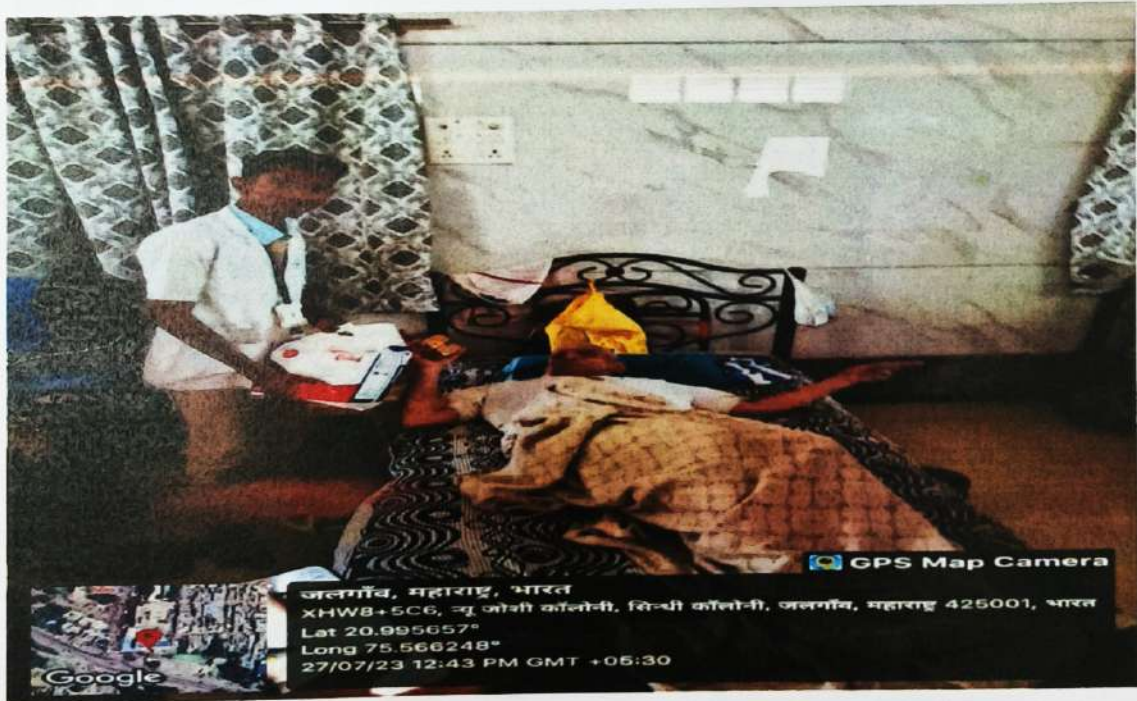
The field visit to the old age home on 27th July 2023 proved to be an invaluable learning experience for all the nursing students. It sensitized us to the unique healthcare needs and challenges faced by the elderly population. Witnessing the dedication of the staff and the gratitude of the residents highlighted the impact of compassionate care on the overall well-being of the elderly.

The visit reaffirmed the significance of empathy and patient-centered care in nursing practice, particularly when dealing with the elderly. It served as a powerful reminder of our responsibility as future nurses to advocate for the dignity and respect of all our patients, regardless of their age or health status.

The Godavari College of Nursing's initiative to organize such field visits is commendable, as it provides us with practical exposure and enhances our ability to deliver comprehensive care to diverse patient populations. We express our heartfelt gratitude to the college for this enriching experience.



Photos



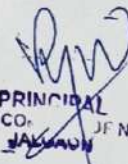




**Jalgaon, Maharashtra, भारत**  
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INDIAN RED CROSS SOCIETY

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# INDIAN RED CROSS SOCIETY

Objectives

The primary objective of the Indian Red Cross Society is to provide relief to the victims of natural and man-made disasters and to promote the welfare of the community.

Programs

The Indian Red Cross Society has a wide range of programs, including disaster relief, health care, and social welfare. It also provides training and employment opportunities for the unemployed and underemployed.

Membership

The Indian Red Cross Society is open to all who are interested in its work. There are no restrictions on membership, and the society is a non-profit organization.

The Indian Red Cross Society is a member of the International Red Cross and Red Crescent Movement. It is also a member of the Indian Council of Social Organizations (ICSO).

## **FIELD VISIT REPORT: INDIAN RED CROSS SOCIETY**

Date: 27th July 2023

### **Introduction:**

Godavari College of Nursing organized a field visit for students of BSc Nursing and MSc Nursing to the Indian Red Cross Society in Jalgaon as part of their curriculum. The visit aimed to provide the students with practical exposure to humanitarian activities and understand the vital role of the Indian Red Cross Society in promoting health and well-being through blood donation.

### **Objective:**

The primary objective of the field visit was to familiarize the nursing students with the functions and operations of the Indian Red Cross Society, particularly its blood bank services.

### **Program Highlights:**

The field visit commenced at the Indian Red Cross Society's Jalgaon branch with an informative session conducted by the esteemed chairman, Mr. Vinod Bihari. He began by providing an overview of the organization's history, mission, and commitment to humanitarian work. He emphasized the crucial role of blood donation in saving lives and encouraged the students to become active advocates for blood donation in their future nursing careers.

### **Informative Session:**

Mr. Vinod Bihari's informative session covered various functions of the Indian Red Cross Society. He highlighted the following key points:

**Blood Donation and Blood Bank Operations:** The chairman explained the process of blood collection, testing, storage, and distribution to hospitals. He emphasized the importance of maintaining an adequate and safe blood supply to meet emergencies and medical needs.

**Disaster Management and Relief:** The students were briefed about the Indian Red Cross Society's role in providing disaster relief, humanitarian aid, and support to affected communities during natural calamities and emergencies.

**Community Health Programs:** Mr. Vinod Bihari discussed the organization's community health initiatives, including health camps, vaccination drives, and awareness campaigns.

**Visit to the Blood Bank:**

After the informative session, the students were taken on a guided tour of the blood bank facility. The nursing students had the opportunity to observe the entire process of blood donation, from registration and screening of donors to the actual donation and post-donation care. They also witnessed how the donated blood is processed, stored, and tested for various infections before being distributed to hospitals as needed.

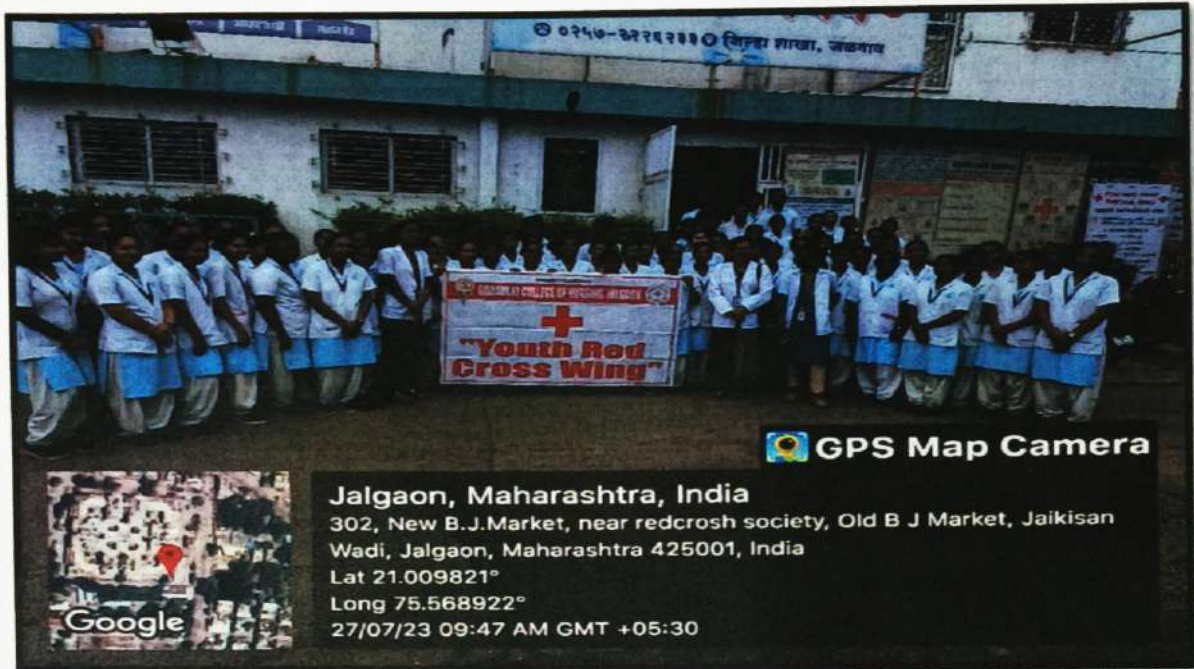
**Conclusion:**


The field visit to the Indian Red Cross Society in Jalgaon proved to be a highly educational and enriching experience for the students of BSc Nursing and MSc Nursing from Godavari College of Nursing. The informative session conducted by the chairman, Mr. Vinod Bihari, and the visit to the blood bank offered practical insights into the organization's humanitarian efforts and its significant role in the healthcare system.

The exposure gained during this visit is expected to have a lasting impact on the students' understanding of community health and the importance of voluntary blood donation. It will undoubtedly shape them into compassionate and responsible nursing professionals committed to serving humanity and contributing positively to society.

The college administration and the students extend their heartfelt gratitude to the Indian Red Cross Society for facilitating this invaluable opportunity. The field visit stands as a testament to the college's commitment to providing holistic nursing education and fostering a sense of social responsibility among its students.






 **GPS Map Camera**



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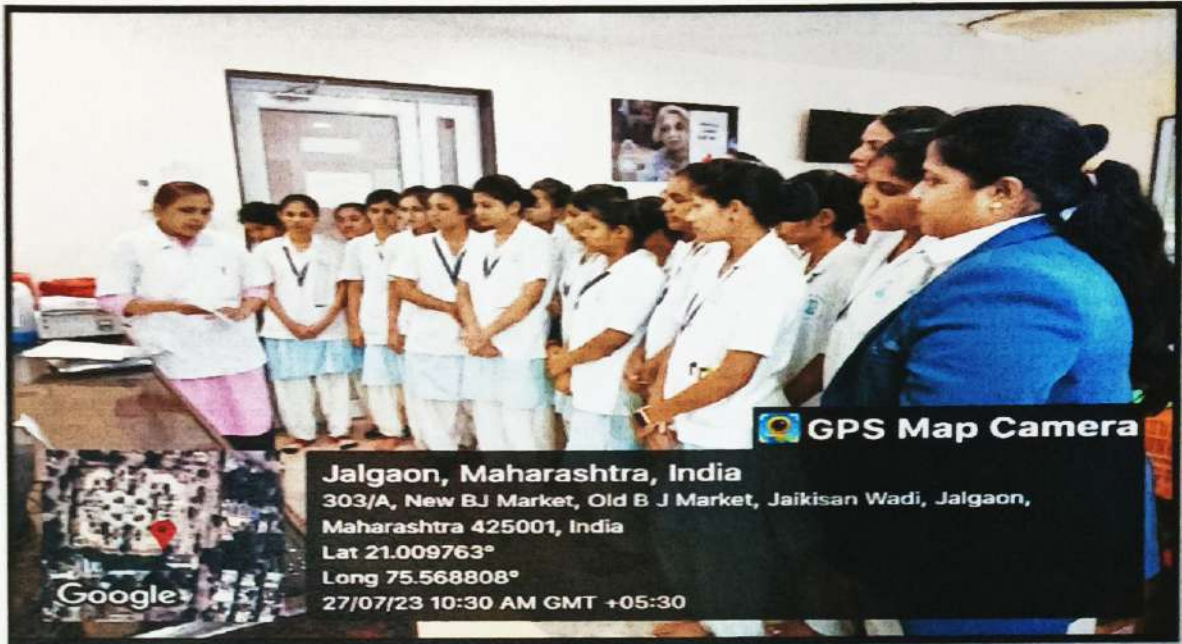


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